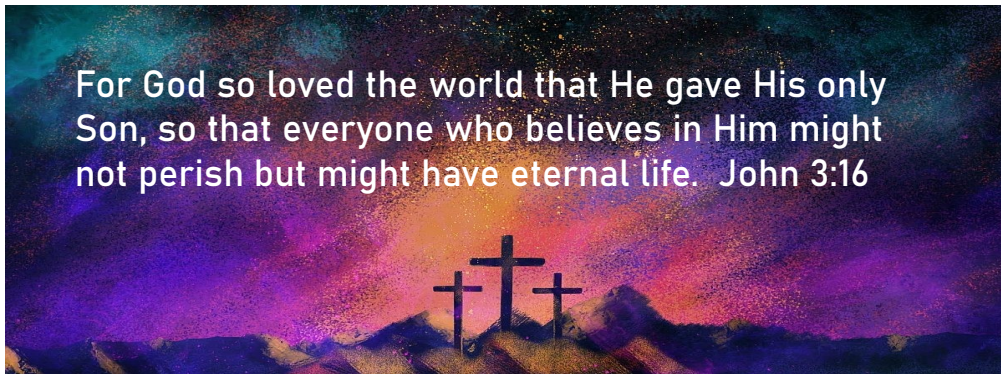


March 10, 2024 Fourth Sunday of Lent

# Sunday Bulletin

St. John Vianney Catholic Church, Kailua

WWW.SAINTJOHNVIANNEYHAWAII.ORG | SJVKAILUAPARISH@RCCHAWAII.ORG  
920 KEOLU DRIVE, KAILUA, HI 96734 | 808-262-8317 | REV. VINCENT VU, PASTOR



For God so loved the world that He gave His only Son, so that everyone who believes in Him might not perish but might have eternal life. John 3:16

## ANNOUNCEMENTS

### Reflection with CRS Rice Bowls—Increasing disasters, increasing resilience

Located in Southeast Asia between the Pacific and Indian Oceans, Indonesia has beautiful beaches, diverse cultures and the world's fourth largest population. Many of the country's more than 17,000 islands are in the Ring of Fire, where volcanic eruptions and earthquakes are common. Climate-related disasters such as cyclones are also becoming more frequent and destructive. Find out how—with the support of Catholic Relief Services and generous communities like yours—Evita and her disaster preparedness group are working to keep their community safe. Visit [crsricebowl.org](http://crsricebowl.org) to read this week's Story of Hope.



### Today's Second Collection—Catholic Relief Services Collection

This week we take up the Catholic Relief Services Collection to reveal Christ's love to our brothers and sisters in need. This collection makes grants to six Catholic agencies that provide relief and support for struggling communities and work for peace and reconciliation among our marginalized brothers and sisters, both here and around the world. Please prayerfully consider how you can support the collection. Learn more about the collection at [www.usccb.org/catholic-relief](http://www.usccb.org/catholic-relief)

### Lenten Communal Penance Services at Windward Vicariate Churches

Wednesday, March 13 at 7 p.m. at St. John Vianney, Kailua

Thursday, March 14 at 7 p.m. at St. Anthony of Padua, Kailua

Tuesday, March 19 at 6:30 p.m. at Our Lady of Mount Carmel, Waikane

### Ko'olau Catholic Men's Fellowship meets on Thursday, March 21

All men are invited to dinner on Thursday, March 21, 2024 at 6:30 p.m. at St. Ann Church, in Kaneohe Parish Hall for dinner with special guest speaker, Fr. Stephen Banjare, SS.CC. Fr. Steven is the new pastor of St. Ann Church. He transferred from Fairhaven, MA and is a native of India. He was the pastor of St. Joseph in Fairhaven, Massachusetts.

### National Eucharistic Revival-Year of Parish Revival, June 11, 2023 – July 17, 2024

The Revival is now reaching the pews! This year is about fostering Eucharistic devotion at the parish level, strengthening our liturgical life through the faithful celebration of the Mass, Eucharistic adoration, missions, resources, preaching, and organic movements of the Holy Spirit. The trifold flyers are now available in the back of the church and online.

### St. Vincent de Paul Society

In today's Gospel, God demonstrates great love for us by sending His Son so that we may believe in Him. We demonstrate our great love for God by doing good works: reaching out to others acting in justice and charity. Through your almsgiving you are performing a good work; far greater than you think. Know that your gift is multiplied by others placed in the St. Vincent de Paul envelopes for the poor.

## Prayers for Healing

Ruth Alves  
Anna Asinsin  
Edward Balderston  
Jim Balderston  
Terry Barnaby  
Clark Bernales  
Robert Bernales  
Michelle Brown  
Donovan Caldeira  
Sheryl Caldeira  
Rod Castanha  
Carolyn Chong  
Glenn Chong  
Mollie Chun  
Phillip Cordaro  
Kathy Dean  
John Dixon  
Pat Drury  
Marie Durante  
Hamilton Durante  
Sharon Elwell  
Tom Glorioso  
Jayla Gomes  
Dan Gorecki  
Milli Gorecki  
Tim Hudson  
Kailey Jong-Perez  
Bruce Kumashiro  
Charlien Kumashiro  
Tony Lambio  
Hayden Lau  
Myngoc Le  
Margaret S. Lee

Brian Lewis  
Kasey Lopes  
Mike Lauriano  
Sylvia Manlutac  
Ruford Marcum  
Mary Matos  
Sandy McAulton  
Gloria Medeiros  
Jack Miller  
Beverly Mink  
Bobby Mink  
Linda Morgan  
Audrey Motonaga  
Hope Montalvo  
Jennifer Ann Ng  
Sharon Nisbet-Jones  
Mary Odum  
Cayetana Paras  
James Reis  
Jean Rich  
Bill Roman  
Antonio Salcedo  
Par Salehi  
Alice Secor  
Jessica Shimoda  
Deni Smith  
Bernardo Soriano  
John Sutton  
Erin Tagupa  
Loriann Tavares  
Christine Taylor  
Gabrielle Taylor  
Terri Taylor

## Repose of Soul

+Paul Akeo, Funeral Mass was Sat. Mar 9

+John Glorioso, Jr.

+Sylvia Ann Pao Kruse, Funeral Mass on Saturday, April 6 at 11 a.m.

+Christa Obara, Funeral Mass pending

## Next Sunday's Readings

1st Reading: Jeremiah 31:31-34

2nd Reading: Hebrews 5:7-9

Gospel: John 12:20-33

## Upcoming Events

- Infant (age 6 and under) Baptism classes will be by appointment only in March. Please call the parish office.
- Wed, Mar 13, 7 p.m. Lenten Communal Penance in the church
- Fri, Mar 15, 7 p.m. Stations of the Cross
- Fri, Mar 22, 7 p.m. Stations of the Cross
- Tue, Mar 26, 7 p.m. Chrism Mass at Co-Cathedral, St. Theresa.
- Thu, Mar 28, 7 p.m. Evening Mass of the Holy Supper (Holy Thursday)
- Fri, Mar 29, 3 p.m. & 7 p.m. Passion of the Lord (Good Friday)
- Sat, Mar 30, 7 p.m. Easter Vigil Mass
- Sun, Mar 31, Easter Masses, regular Sunday schedule
- The Great 90 Days of Lent & Easter 2024 Calendar is now available online.

Download the music leaflet to sing along during Mass from your smart device.



## SCHOOL NEWS

Receiving a Catholic education is unlike any other learning experience. A Catholic education is a one-of-a-kind learning experience because it focuses on more than just academics. We at St. John Vianney School believe that nurturing the entire person in mind, body, **and** spirit is necessary for a happy, healthy, and balanced life. We provide children with the invaluable opportunity to expand their knowledge, explore their passions, create community, strengthen their sense of self and come to know God all in one place.

Our teachers encourage critical thinking, practical application, and creative problem-solving. By choosing your parish school, your child will receive a superior education in a safe and supportive learning environment. Being in our positive environment can help your child enjoy school, develop healthy self-esteem and respect for others.

We are accepting applications, which may be downloaded at [sjvkailua.org](http://sjvkailua.org), for new students for next year. Several tuition assistance programs are available. For more information, please contact the school office at 808-261-4651.

## EAT PANDA EXPRESS ON MARCH 15

Panda Express will be donating 28% of their proceeds to our school from online orders received this Friday March 15 using a special code 919370. This will be good for all of their locations nationwide. Orders can be placed at <http://www.pandaexpress.com> or through their app.



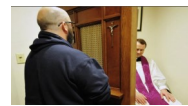
## A HUI HOU, ASHLEY STAHLBERGER!

A beautiful young lady with a big heart! Ashley will be returning to her hometown in Southern California. She is the granddaughter of Mike and Denise Wong who received her sacraments of baptism, first Eucharist and confirmation here at St. John Vianney. She was involved as a minister in the Catechesis of the Good Shepherd and eXtra Hour programs. We will offer her a farewell blessing at Mass.

## DONATIONS WELCOME FOR EASTER EGG HUNT

We are preparing for our big Easter Egg Hunt event on March 31. We need donations of snacks (gummies, popcorn, goldfish, etc.) candy (individually wrapped), juice boxes, NEW-baskets, books, coloring books, crayons, toys, and crafts. Please drop off donations at the parish office no later than March 23rd. Mahalo!

## CATHOLIC FAITH CORNER



### Apologetics Without Apology

### EUCCHARISTIC REVIVAL-The Sacrament of Reconciliation

**Why go to confession?** There are a lot of popular misconceptions that surround the sacrament of confession or Reconciliation. To many people, the image of confession can evoke feelings of discomfort or hesitation. The two common misconceptions are that: 'my sin is just about me, so I shouldn't have to talk to a priest', and that 'confession is a shameful or hurtful process.' Many people question the need to confess to a priest, as opposed to just private prayer; seeing confession as an arcane and outdated practice. Others, having heard stories of negative experiences in the confessional or seeing depictions of the sacrament in film and television, fear that the confessional is a place of belittlement, shame, and punishment.

We Catholics don't always do a great job of counteracting these ideas either. How often do we speak of the beauty of the Sacrament of Confession? How often do you convey the deep intimacy that lies at the heart of this gift we have been given? Confession, like all other Sacraments, is a gift through which God has made His saving love and mercy real and present to us. In his desire to set all people free and draw them into the authentic peace that is communion with God, Christ entrusted his ministry of reconciliation to the apostles. (John 20: 22-23)

In this, through confessing to a priest, we are not only reconciled with Christ, but with the community of the Church as well. Often, we can liken our relationship with the Church to that of a membership within a club or our political affiliation. But that is not the case here. Our relationship with the Church is personal, intimate and like any honest relationship, it requires forgiveness and healing. The priest is the representative of both Christ and the Church which is Christ's body. And it is through the Sacrament of Confession that Christ offers us the privilege of opening our hearts to him, seeking his help as we strive towards a life of holiness and ultimately, eternal life with him.

## RACHEL'S VINEYARD RETREAT

This retreat offers healing and support for anyone who has experienced emotional pain and suffering after abortion. Women, men, family and anyone hurting after abortion are welcomed to this private retreat where the mercy, love and compassion of Jesus Christ will be felt in an environment of safety and trust for healing to take place. Retreats in 2024 will be held on April 26—28 and October 4—6. Registrations are strictly confidential. To register, contact Lisa at 808 490-4702 or email [RVinHawaii@gmail.com](mailto:RVinHawaii@gmail.com).

## SIGN-UP FOR EASTER EGG HUNT



St. John Vianney's Easter Egg Hunt is right around the corner. Please be sure to sign up your children by scanning the QR code. We are looking for volunteers to help stuff Easter eggs and make baskets on Sunday, March 24 at 10 a.m. If you can help, please text Gary at 808-224-0724.

## OFFERTORY Our gifts to God to steward the Church

Week of Feb 17—23, 2024	<u>Envelopes/Loose</u>	<u>Online Giving</u>	<u>Total</u>	<u>Goal</u>	<u>% of Goal</u>
Sunday Offertory	\$3,976.00	\$3,660.00	\$7,636.00	\$8,763.33	87.14%
Repair and Maintenance	\$175.00	\$1,420.00	\$1,595.00	\$1,500.00	106.33%
Major Repair and Maintenance	\$50.00	\$65.00	\$115.00	\$576.92	19.93%

Give Online



# 4<sup>th</sup> Sunday of Lent

Thank you placing your leaflet in recycling box after Mass.

## GATHERING RITE



Grant to us, O Lord, a heart re-newed; Re-cre-ate in us your own spir-it, Lord.

Text & tune: Lucien Diess, 1965 ©WLP All rights reserved.

## Pentitential Rite

RM 7L



Have mer-cy on us, O Lord For we have sinned a - gainst you.



Show us, O Lord, your mer-cy. And grant us your sal-va-tion. A - men.



Lord, have mer - cy. Christ, have mer - cy. Lord, have mer - cy  
Lord, have mer - cy. Christ, have mer - cy. Lord, have mer - cy

## RESPONSORIAL PSALM (FOR 5 PM, 9, 11 AM)

### Psalm 137<sup>3</sup>

Stately

Robert M. Mondoy



Si-lenced, si - lenced, si - lenced be my



tongue if ev - er, if ev - er I for - get you.

1. By the rivers of Babylon we sat weeping, remembering Zion. There, there, there on the poplars we hung our harps.
2. Our captors shouted for happy songs, for songs, for songs of festival. "Sing, sing!" they cried, "the songs of Zion."
3. How could we sing the song of the Lord, our song in a foreign land? Jerusalem forgotten? Whither my hand! Jerusalem forgotten? Silence my voice! If I do not seek you as my greatest joy.

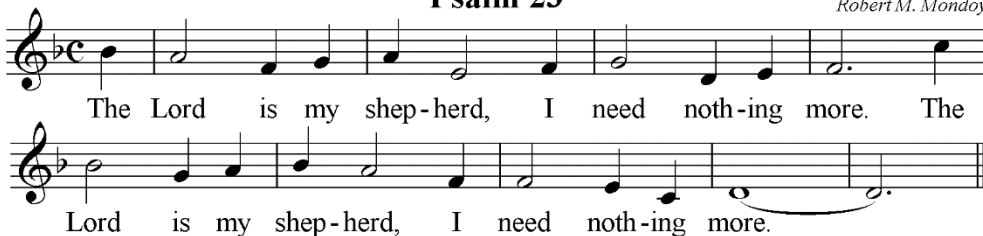


## RESPONSORIAL PSALM (FOR 7 AM ONLY)

Moderato

### Psalm 23<sup>6</sup>

Robert M. Mondoy



The Lord is my shep-herd, I need noth-ing more. The  
Lord is my shep-herd, I need noth-ing more.

1. *The Lord is my shepherd, I need nothing more. You give me rest in green meadows, setting me near calm waters, where you revive my spirit.*
2. *You guide me along sure paths, you are true to your name. Though I should walk death's dark valley, I fear no evil with you by my side, your shepherd's staff to comfort me.*
3. *You spread a table before me as my foes look on. You soothe my head with oil; my cup is more than full.*
4. *Oh, goodness and love will tend me every day of my life. I will dwell in the house of the Lord as long as I shall live.*



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Messa Kaniko

### Gospel Acclamation for Lent



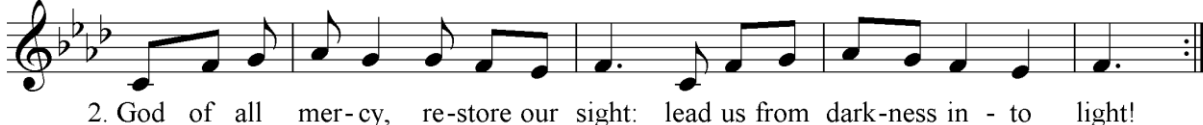
Praise to you, Lord Je-sus Christ, King of end-less glo - ry.

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## ANTIPHON FOR THE 2<sup>ND</sup> SCRUTINY, 7 A.M. ONLY

### 4th Sunday Lent

Second Scrutiny (Exorcism)



2. God of all mer-cy, re-store our sight: lead us from dark-ness in - to light!

## PREPARATION OF THE GIFTS Just As I Am

Hymnal 280

1. Just as I am, without one plea but that your blood was shed for me, And that you called inviting me, O Lamb of God, I come, I come!
2. Just as I am, though tossed about with many a conflict, many a doubt, Fightings and fears within , without, O Lamb of God, I come , I come!
3. Just as I am, you will receive, will welcome, pardon, cleanse, relieve; Because your promise I believe, O Lamb of God, I come, I come!
4. Just as I am, your love unknown has broken every barrier down; Now to be yours, and yours alone, O Lamb of God, I come, I come!

Text: Charlotte Elliot, 1836, alt. Tune: WOODWORTH, William Bradbury, 1849.. All rights reserved, Used with permission

# EUCCHARISTIC ACCLAMATIONS

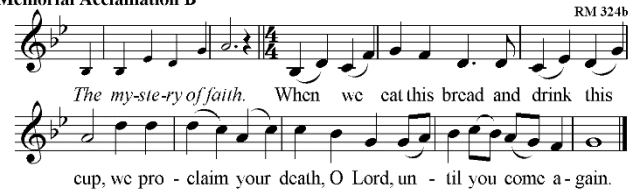
Fullness of Faith  
Preface Dialogue



RM 124

The Lord be with you. And with your spir- it. Lift up your hearts. We lift them up to the Lord. Let us give thanks to the Lord, our God. It is right and just.

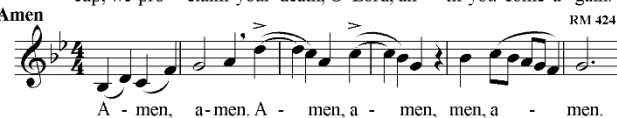
Fullness of Faith  
Memorial Acclamation B



RM 324b

The mys-tery of faith. When we eat this bread and drink this cup, we pro- claim your death, O Lord, un- til you come a- gain.

Amen

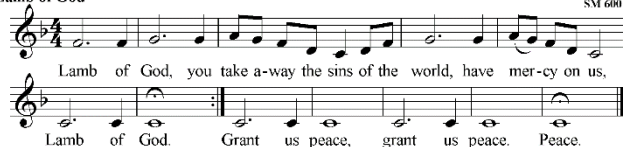


RM 424

A - men, a - men. A - men, a - men, men, a - men.

\*Fullness of Faith\* ©2013 Robert M. Mondoy www.mondoymusic.com. All rights reserved.

Lamb of God

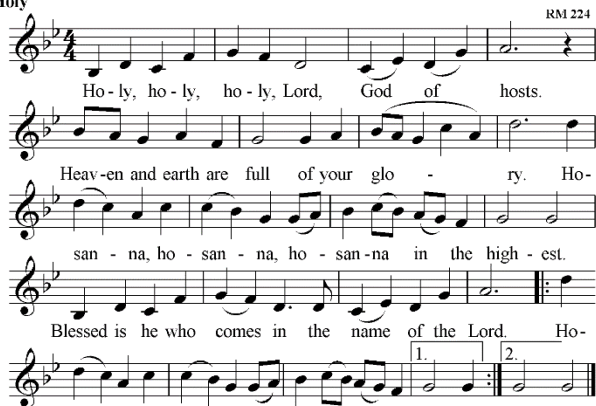


SM 600

Lamb of God, you take a-way the sins of the world, have mer-cy on us, Lamb of God. Grant us peace, grant us peace. Peace.

Music: Tom Parker ©1980 GIA Publications. All rights reserved. Used with permission.

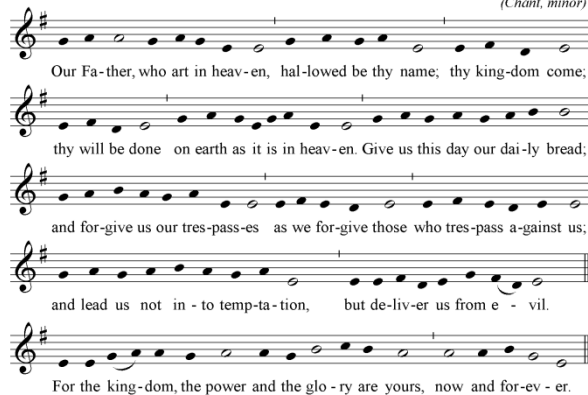
Holy



RM 224

Ho - ly, ho - ly, ho - ly, Lord, God of hosts. Heav-en and earth are full of your glo - ry. Ho-san - na, ho - san - na, ho - san-na in the high - est. Blessed is he who comes in the name of the Lord. Ho-san - na, ho - san - na, ho - san-na in the high-est. high-est.

(Chant, minor)



Our Fa-ther, who art in heav-en, hal-lowed be thy name; thy king-dom come; thy will be done on earth as it is in heav-en. Give us this day our dai-ly bread; and for-give us our tres-pass-es as we for-give those who tres-pass a- gainst us; and lead us not in - to temp-ta- tion, but de-liv-er us from e - vil. For the king- dom, the power and the glo - ry are yours, now and for-ev - er.

Adapted after Sacramentary 1985, p561 [Alexander Popsqun, 1974]

*Please remain standing until the conclusion of the Communion Song*

**COMMUNION PROCESSION:**

**Turn to Me**

**Hymnal 289**

**Turn to me, O turn and be saved, says the Lord, for I am God: there is no other, none beside me. I call your name.**

**1. I am God, who comforts you; who are you to be afraid of flesh that fades is made like the grass of the field soon to wither.**

2. Listen to me, my people; give ear to me, my nation; a law will go forth from me, and my justice for a light to the people.

3. Lift up your eyes to the heavens, and look at the earth down below. The heavens will vanish like smoke, and the earth will wear out like a garment.

Text & tune: John B. Foley, SJ (b.1939),©1975 John B. Foley, SJ and New Dawn Music. All rights reserved, Used with permission . Reprinted with permission under ONE LICENSE, License #A-735407

**LEAVETAKING SONG    Somebody's Knockin' at Your Door**

Hymnal 286

**Somebody's knockin' at your door; Somebody's knockin' at your door.  
Oh sinner, why don't you answer? Somebody's knockin' at your door.**

1. Knocks like Jesus. Somebody's knockin' at your door.  
Knocks like Jesus. Somebody's knockin' at your door.  
Oh sinner, why don't you answer? Somebody's knockin' at your door.

2. Can't you hear him? Somebody's knockin' at your door.  
Can't you hear him? Somebody's knockin' at your door.  
Oh sinner, why don't you answer? Somebody's knockin' at your door.

3. Jesus calls you. Somebody's knockin' at your door.  
Jesus calls you. Somebody's knockin' at your door.  
Oh sinner, why don't you answer? Somebody's knockin' at your door.

4. Can't you trust him? Somebody's knockin' at your door.  
Can't you trust him? Somebody's knockin' at your door.  
Oh sinner, why don't you answer? Somebody's knockin' at your door.



Text & Tune: Traditional African-American Spiritual



# NATIONWIDE ONLINE FUNDRAISER

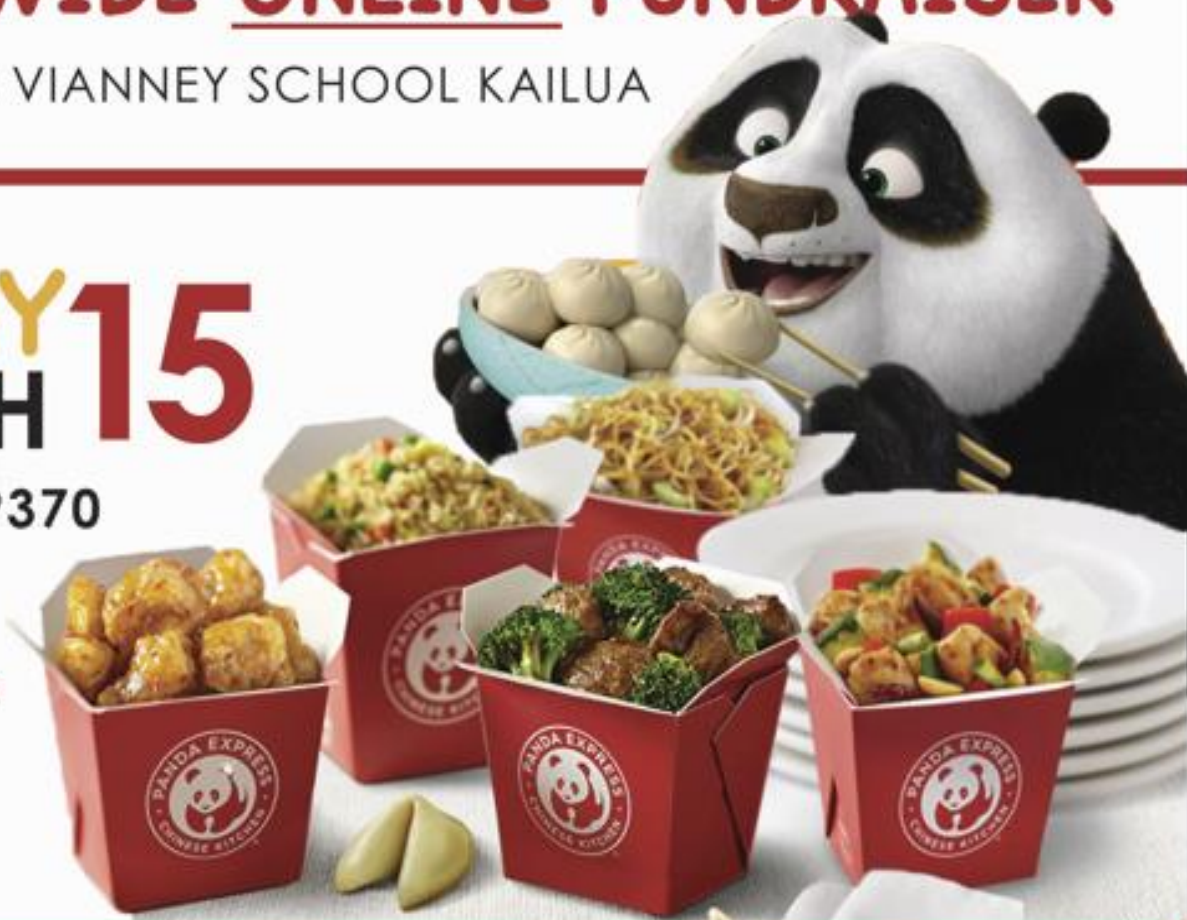


ST. JOHN VIANNEY SCHOOL KAILUA

# FRIDAY MARCH 15

CODE: 919370

\*Online Orders Only  
[www.pandaexpress.com](http://www.pandaexpress.com)  
or via App



## WHEN

Friday, March 15, 2024

Place your order for pickup or delivery on Friday, March 15!

## WHERE

Available at Panda Express locations Nationwide

[www.pandaexpress.com](http://www.pandaexpress.com)

## HOW

Online Orders Only

Apple code **919370** in the Fundraiser Code box during online checkout at [www.pandaexpress.com](http://www.pandaexpress.com) or via App

28% of sales will be donated to St. John Vianney School Kailua

# MAHALO FOR YOUR SUPPORT!

Be sure to share with Friends & Family on the mainland.

YOUR SJV PTSH

**St. John Vianney Parish  
Presents  
The 2nd Year of Eucharistic Revival  
The Year of Parish Revival**



**Learn the Importance  
Of Reconciliation**

Penance or Reconciliation  
is one of the Sacraments of Healing,  
since by the priest's sacramental absolution  
God grants the penitent "pardon and peace."

***"If we acknowledge our sins,  
He is faithful and just and will forgive our sins  
and cleanse us from every wrongdoing."***

**St. John Vianney**



# The Year of Parish Revival

## Learn the Importance Of Reconciliation

- The institution of the Sacrament of Penance/Reconciliation by Jesus was to help us reconcile with God. *“The whole power of the Sacrament of Penance consists in restoring us to God’s grace and joining us with him in an intimate friendship.”* (CCC, no. 1468)
- Sin harms our relationship with God and damages our loving communion with the church and with others. Hence, Jesus instituted the Sacrament of Reconciliation to repair the broken relationship with God and with others. At the same time, the Sacrament of Reconciliation gives the effect of renewing the vitality of the Church itself.
- In this Sacrament, the penitent receives the merciful judgement of God and is engaged on the journey of conversion that leads to future life with God. The Church also recommends that a person go regularly to confession, even if only for venial sins. This is because *“the regular confession of our venial sins helps us form our consciences, fight against evil tendencies, let ourselves be healed by Christ and progress in the life of the Spirit.”* (CCC, no. 1458)
- The Sacrament of Reconciliation is an experience of the gift of God’s boundless mercy. Not only does it free us from our sins but it also challenges us to have the same mind of compassion and forgiveness for those who sin against us. We are liberated to be forgivers. We obtain new insight into the words of the Prayer of St. Francis: *“It is in pardoning that we are pardoned.”*
- The Sacrament of Reconciliation is a sacrament in which the priest, as the agent of God, forgive the sins committed after Baptism, when the sinners is heartedly sorry for them, sincerely confesses them, and is willing to make satisfaction for them.
- Part of the Sacrament of Reconciliation is healing. Sometimes, we will need to practice a therapy that is more carefully focused on making choices about what we can practice doing and what we can practice avoiding so as not to make mistakes that will harm our relationship with God and with others.
- What to do: Priest will give a blessing or greeting. Make the Sign of the Cross and say “Bless me father, for I have sinned. My last confession was...” (Give weeks, months, years). Confess all your sins to the priest. (If you are unsure or uneasy, the priest will guide you.). The priest assigns a penance and offers advice to help you be a better Catholic. Say an Act of Contrition, expressing your sorrow for your sins. The priest, acting in the person of Christ, then absolves you from your sins.

**Our Parish Faith Formation Committee encourages  
everyone in our parish family  
to learn more about this specific topic.**

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## ABOUT RACHEL'S VINEYARD

Rachel's Vineyard weekend retreats for healing after abortion are offered throughout the year in 49 States and 70 countries (with many new sites in development).

The program is an opportunity to examine your abortion experience, identify the ways that the loss has impacted you in the past and present, and helps to acknowledge any unresolved feelings that many individuals struggle with after abortion.

Because of the emotional numbness and secrecy that often surrounds an abortion experience, conflicting emotions both during and after the event may remain unresolved. These buried feelings can surface later and may be symptoms of post abortion trauma.

It is often said that abortion is a woman's issue. However, both men and women are impacted by abortion and greatly benefit from the retreats. Married couples, mothers, fathers, siblings, and grandparents of aborted children have come to Rachel's Vineyard in search of peace and inner healing. To learn more about Rachel's Vineyard Ministries, visit: [www.rachelsvineyard.org](http://www.rachelsvineyard.org).

Rachel's Vineyard Hawaii is a ministry of The Roman Catholic Church in the State of Hawaii and Priests For Life.



## RACHEL'S VINEYARD MINISTRIES HAWAII

c/o The Respect Life Office of the  
Roman Catholic Church in Hawaii  
6301 Pali Highway  
Kaneohe, HI 96744

If you or a friend are hurting from an abortion,  
call us today.

**Contact Lisa Shorba, Hawai'i Site Leader**  
**(808) 490-4702 or (808) 469-5470**  
**e-mail: [rvinhawaii@gmail.com](mailto:rvinhawaii@gmail.com)**

**More info at: [www.rachelsvineyard.org](http://www.rachelsvineyard.org)**  
**Toll-Free Hotline: 1-877-HOPE-4-ME**

The retreat and registration are strictly confidential. Rachel's Vineyard is a healing and training resource that welcomes collaboration with other post-abortion ministries. This Rachel's Vineyard Weekend Retreat is Catholic in context and is provided by the Roman Catholic Church in the State of Hawaii.

For information on clinical training or how to become a sponsor of Rachel's Vineyard in your area, please contact Theresa Burke, Phd at:  
Tel: (610) 354-0555; Fax: (601) 354-0111; or  
E-mail: [rachel@rachelsvineyard.org](mailto:rachel@rachelsvineyard.org). National Headquarters: 808 N. Henderson Rd., 2nd Floor  
King of Prussia, PA 19406.

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# RACHEL'S VINEYARD

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## HAWAII

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*Healing the Pain of Abortion...  
One Weekend at a Time.*

[www.RachelsVineyard.org](http://www.RachelsVineyard.org)  
Contact Lisa at: (808) 490-4702

*Rachel's Vineyard is  
the World's Largest Ministry  
for Healing After Abortion.*

## MORE ABOUT RACHEL'S VINEYARD HAWAII



### RACHEL'S VINEYARD RETREATS

Rachel's Vineyard weekend retreats are a beautiful opportunity for any woman or man who has struggled with the emotional or spiritual pain of abortion. The weekend is a chance to get away from all the daily pressures of work and family and focus on this painful time in your life through a supportive and non-judgmental process. The time away provides an opportunity to deeply enter the grieving process and identify all the ways your abortion may have affected you.

Rachel's Vineyard has a number of powerful exercises, rooted in Scripture, which allow the soul to speak its grief and sorrow. These exercises help connect participants to their inner voice, to each other, and to the love and mercy of God. The exercises help participants to accept forgiveness for themselves and others. Participants are also given an opportunity to re-connect on a spiritual level with their children who have been aborted, to give them honor and dignity through many special and creative spiritual exercises as well as in a memorial service.

The weekend is a lot of work, but those who are willing to journey through their grief will experience the power of resurrection in their own lives. They will find meaning in what has happened and allow God to transform the experience into something that gives hope, liberation and peace.

**Testimony:** "This experience was life-changing for me! It freed me of the grief and guilt I carried for over 30 years. Even though I thought I was "tough" or "over it," nothing helped me or healed me more than my attending the RV retreat."

Dr. Theresa Burke and husband, Kevin Burke, founded Rachel's Vineyard Ministries' Weekend Retreats in 1995 in Philadelphia, PA. Dr. Burke created the retreat format after founding one of the first therapeutic support groups for post-aborted women and years of clinical work at The Center for Post Abortion Healing, founded in 1986.

Rachel's Vineyard Ministries Hawaii was established in 2009 as a program under the Respect Life Office of the Roman Catholic Church in Hawaii. Dr. Theresa Burke facilitated the first Hawaii retreat in September 2009 and provided a full-day's clinical training on the subject of Pregnancy Loss & Unresolved Grief to Hawaii's clergy/counselors/lay people/physicians. The RV team consists of a Catholic priest, professional counselor, facilitator, loving and non-judgmental lay volunteers, all who've participated on past RV retreats. We volunteer our time freely on the weekend because we understand the importance of healing and recovery surrounding the pain of abortion. We respect where each participant is in the grief process and we help each participant to move into a deeper level of healing.

#### Where Does the Name 'Rachel's Vineyard' Come From?

The name "Rachel" refers to an Old Testament figure. Rachel was written about in the book of Jeremiah: "Thus says the Lord: In Ramah is heard the sound of moaning, of bitter weeping! Rachel mourns her children, she refuses to be consoled because her children are no more.

Thus says the Lord: Cease your cries of mourning, wipe the tears from your eyes. The sorrow you have shown shall have its reward, says the Lord. There is hope for your future!" (Jeremiah 31:15-17)

**Testimonies:** "My husband and I both attended the RV Retreat. We both agree that it brought us closer to God and to each other. We received healing on so many levels. The love, warmth, and confidentiality were superb!"

"A family member & I attended RV; feeling nervous, the two of us were unsure of what to expect...at times it was an emotional roller coaster. We experienced safe lodging, meal nourishment, supportive environment; privacy of participants in mind at all times. The aftermath of the RV Retreat truly lifted my personal battle of burden which had been holding me hostage mentally and in my heart for over 35 years. We left the retreat with a renewed inner strength of confidence and a shared bonding experience which neither one of us will ever forget. Mahalo to the RV Team for doing what you do. Aloha & Mahalo, Ohana"



**First RV Retreat in HI** (Sept. 2009): Lisa Shorba, Dr. Theresa Burke, Sr. Geralyn Spaulding, O.S.B., and Rev. Khanh Pham-Nguyen.

**"Jesus Himself said that He came to call sinners and not the self-righteous. I pray that all who participate in Rachel's Vineyard with the longing to be free and to be healed by Jesus, may find Him, the source of true joy, peace and love, and allow God to restore them to wholeness and happiness. I am praying much for you. God bless you."**

~ Saint Mother Teresa of Calcutta

**Testimony:** "As a man, abortion affects us in a unique way...Rachel's Vineyard helped me heal many wounds from the past. I learned to be compassionate with myself. As Christians, we all strive to forgive, but rarely do we have such an opportunity to really learn how to forgive. The experiential learning process engaged me into a deeper walk with my faith. Now I am able to pray more deeply and authentically...to understand my pain and walk with it. My relationship with my wife has greatly improved...I feel now I can be much more open with her and she can understand my feelings about children. I recommend RV for anyone who has been burdened with the loss of their child. You will be surrounded by loving people."

### RETREAT REGISTRATION INFORMATION:

Weekend retreats are 3 days & 2 nights and include overnight stay at a private retreat center. Accommodations, meals/ refreshments, and retreat materials are provided. Space is limited. A registration fee of \$175 is required per participant. Need-based scholarships are available.

**Oahu Retreat Dates: April 26-28, 2024 & October 4-6, 2024** (2 retreats held annually. Call for info.)

**Confidential Registrations. Call: (808) 490-4702 or e-mail: [RVinHawaii@gmail.com](mailto:RVinHawaii@gmail.com)**

Women, men, family members and anyone hurting after abortion are welcome!

May God bless you and enfold you with His love and peace. We are praying for you!

~ Your Rachel's Vineyard Team

# we need your help!

FOR OUR PARISH EASTER EGG HUNT

**SNACKS**  
GUMMIES, POPCORN,  
GOLDFISH, ETC.

**CANDY**  
INDIVIDUALLY WRAPPED

**JUICE BOXES**

**\*NEW\***  
BASKETS  
BOOKS  
COLORING BOOKS/CRAYONS  
TOYS

Please drop off donations at Parish Office  
no later than March 23, 2024



ST. JOHN VIANNEY PARISH



*Easter*  
EGG HUNT



MARCH 31, 2024  
AFTER 9AM MASS



**PRE-REGISTRATION REQUIRED**  
**CHILDREN AGE 10 AND BELOW**  
**\*DON'T FORGET YOUR BASKET!\***



# The Stations of the Cross



This Lent, come share a  
Spiritual Pilgrimage as we  
contemplate the Passion of Christ.

**Fridays, Feb 16, 23, March 1, 8, 15 & 22**

**7:00 PM**

**St John Vianney Church**



February 14 - March 24  
**40 DAYS FOR LIFE.**

The 2024 Spring Campaign runs from February 14 - March 24. 40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses. The 40 Days for Life closing Mass will be on Saturday April 6, 2024, 8 a.m. at the Co-Cathedral of St. Theresa of the Child Jesus.

For more information, please visit [40 Days for Life Honolulu.](#)

Ko`olau Catholic Men's Fellowship



## Fishers of Men

Matthew 4:19

**Men's Fellowship Meeting**  
Thursday March 21, 2024

St. Ann. Catholic Church  
Kaneohe  
*(Meeting will be held in the Parish Hall)*

*Dinner at 6:30pm*

**INVITE A FRIEND**

**Speaker:**  
**Father Stephen Banjare**

Father Stephen is the new Pastor at St. Ann Church. Father Stephen transferred from Fairhaven, MA and is a native of India. He was the Pastor of Saint Joseph in Fairhaven.

*"Commit everything you do to the Lord. Trust Him. And He will help you." Psalm 37:5*





## Lenten Season

This penitential season of six Sundays and forty weekdays prepares for the high feast of Easter. Lent begins on Ash Wednesday and ends with the beginning of the Mass of the Lord's Supper in the evening on Holy Thursday (not Holy Saturday noon, as formerly).

Historically, Lent was the retreat-like final preparation period for catechumens, those being initiated into the Church and into the Paschal Mystery at the Easter Vigil. Naturally enough, it became in time a renewal period for the already baptized faithful, the sponsoring community being inspired by the conversion of the catechumens. It was also a time of penance for those enrolled in the order of penitents, an early form of the Sacrament of Penance, limited serious sinners. The whole Church came to adapt Lent as a penitential season whereby the faithful initiated both catechumens and serious sinners in doing penance.

The word *Lent* is from the Anglo-Saxon *lencten* (spring). *Lenctentid* (springtide) was the Saxon name for March because March is the month in which days begin to lengthen (also a root of "lent"). The Great Fast, falling as it does largely in the month of March, adopted and adapted the term.

### The Triduum

The ancient Great Three Days, to which all leads and from which all flows, celebrate the heart of Christian faith: Jesus' redemptive death and Resurrection. Related to the Church year as Sunday is related to each week, the Triduum begins with the evening Mass of the Lord's Supper, continues through Good Friday and Holy Saturday, culminates in the Easter Vigil, and concludes with Evening Prayer of Easter Sunday.

With the renewal of the Triduum:

- Lent is observed until the Mass of the Lord's Supper.
- The Great Three Days are celebrated.
- The Great Feast (Easter) is sustained for fifty days.

(Easter Sunday is both the final hours of the Triduum and the first hours of the Great Fifty Days)

The first day of the Triduum, the Christian Passover, is from Holy Thursday sunset until Good Friday sunset; it is the day of Jesus' death, and has been likened to the sixth day of creation, when God formed us from clay and breath. It includes the liturgies of "the Evening Mass of the Lord's Supper" and "the Celebration of the Lord's Passion."

The second day of the Triduum, from Good Friday sunset until Holy Saturday sunset, is the Paschal Sabbath, the day of rest. In burial, the Lord rested, and we rest in him (even in the liturgy).

The third day of the Triduum, beginning Holy Saturday at sunset, is the great surprise, the Easter surprise. This third day begins with the holiest night of the year, the vigil of Easter, leading into the days of days, the queen of feasts. Its liturgy is the queen of the royal liturgical family.

According to the Roman Missal:

- Holy Thursday's service is "The Evening Mass of the Lord's Supper."
- Good Friday's service is "The Celebration of the Lord's Passion."
- Easter Sunday's services are the Easter Vigil, Easter Sunday's services during the night and Easter Sunday.

### The Easter Season

The Easter Season refers to the Great Fifty Days from Easter Sunday to Pentecost Sunday, a celebration of our participation in Christ's Resurrection which brings us from the death of sin to a life of grace. Its last ten days (prior to Pentecost) focus on the promise of the presence and power of the Holy Spirit. The fiftieth day (*pente-*) is seven (the perfect number) squared plus one (the first day of the New Life). The word *Easter* probably has roots in the Norse term *Eostur*, the season of the rising sun, or the time of the new birth of spring. Both these meanings lent themselves well to Christian symbolism for the new life of the Risen Christ, the eternal light.

## 2024 Lenten Regulations Diocese of Honolulu



### FASTING

- ❖ In the dioceses in the United States, Catholics aged 18 through 59 are bound to fast on both Ash Wednesday (**February 14**) and Good Friday (**March 29**).
- ❖ To *fast* means to consume one full meal a day at most, although taking of other, smaller quantities of food at the other customary mealtimes is permitted. Food and drink between meals (excepting water and medicine) is not permitted on fast days.

### ABSTINENCE FROM MEAT

- ❖ Catholics aged 14 and up are to abstain from meat on Ash Wednesday, all Fridays of Lent, and Good Friday.
- ❖ To abstain means refraining from eating beef, veal, pork, or poultry at least, although eggs and milk products are acceptable. The consumption of fish and shellfish is permitted, though the penitential character of the abstinence should be kept in mind.

### EASTER DUTY

- ❖ All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year. This precept is to be fulfilled during the Easter Season unless it is fulfilled, for a just cause, at some other time during the year. This period is extended to include all the weeks of Lent and the Easter Season up to Trinity Sunday (**May 26**).

### LENTEN PRACTICES

- ❖ The faithful are encouraged during Lent to attend daily Mass, receive Holy Communion, participate in penance services, and receive sacramental absolution; to take part in public and private exercises of piety, give generously to works of religion and charity, perform acts of kindness toward the sick, aged, and the poor; to practice voluntary self-denial, especially regarding food, drink, and worldly amusements; and to pray more fervently, particularly for the intentions of the Holy Father.
- ❖ Ash Wednesday, the first day of Lent, falls this year on **February 14**. Ashes are to be blessed as a sign of our entry into a season of conversion, repentance, and reconciliation. Ashes are to be blessed by a bishop, priest, or deacon. Others may be associated with the clergy in the distribution of ashes.
- ❖ Funeral Masses may not be celebrated on Holy Thursday, Good Friday, or Holy Saturday, nor on the Sundays of Lent. When pastoral reasons require that a funeral be celebrated on these days, only a Funeral Outside of Mass may be held.
- ❖ To afford the faithful opportunities to participate in Lenten prayer services, pastors are encouraged to have such prayer services at least twice a week, including the Way of the Cross on Fridays, Exposition and Benediction, Evening Prayer, and evening Masses. A homily or instruction should be included.

### BLESSING OF THE OILS AND CONSECRATION OF THE CHRISM

- ❖ In order to allow participation of Catholics throughout the islands, the Sacred Oils will be blessed during the Chrism Mass. All are encouraged to join in the following celebration:

Oahu: **Tuesday, March 26 at 7 p.m., Co-Cathedral of St. Theresa, Honolulu**

### THE SACRED PASCHAL TRIDUUM

- ❖ "Since Christ accomplished his work of human redemption and of the perfect glorification of God principally through his Paschal Mystery, in which by dying he has destroyed our death, and by rising restored our life, the sacred Paschal Triduum of the Passion and Resurrection of the Lord shines forth as the high point of the entire liturgical year" (*Universal Norms on the Liturgical Year and the Calendar, #18*). Three major liturgical principles may be of help here:

- a. The Triduum may be viewed a single liturgical action that occurs over a period of three days.
- b. The Triduum is not part of Lent, but in its entirety, celebrates the Easter event.
- c. The entire focus of the Triduum is on the Triumph of the Cross and the Resurrection.

St. John Vianney Parish celebrates

# The Great Ninety Days of Lent and Easter 2024

## The Paschal Triduum



**Holy Thursday**  
March 28 at 7:00 p.m.

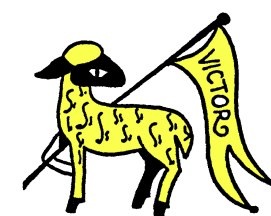
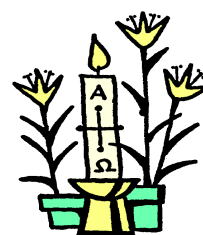
**Good Friday**  
March 29 at 3:00 p.m. & 7:00 p.m.

**Holy Saturday Easter Vigil**  
March 30 at 7:00 p.m.

**Easter Sunday**  
March 31 Masses at 7:00, 9:00, & 11 a.m.



**Passion (Palm) Sunday** March 24



**Chrism Mass**  
March 26 (Tuesday), 7:00 p.m.  
Co-Cathedral of St. Theresa



**Parish Lenten Penance Service**  
Wednesday, March 13 at 7:00 p.m.  
K of C Fish Fry Friday March 8 St. Anthony

**Anointing of the Sick**  
Saturday 8:00 a.m. Mass of March 2



**Adoration**  
Following Saturday, 8:00 a.m.  
Mass of March 2



**Stations of the Cross**  
Friday Nights at 7:00 p.m.  
Feb 16, 23, Mar 1, 8, 15, 22  
**Parish Mission** 7:00 p.m.  
Feb 27, 28 "Eucharistic Adoration"



**Operation Ricebowl**  
February 14-March 28



**Ash Wednesday**  
February 14  
Scripture Service: 6:00 a.m.  
Mass: 8:00 a.m. & 7:00 p.m.



**Season of Lent**

### The Scrutinies

The Scrutinies are rites of conversion and repentance. They include prayers of intercession and exorcism and are intended to deliver the elect from sin, protect them from temptation and invite them closer to Christ.

#### First Scrutiny: 3rd Sunday of Lent

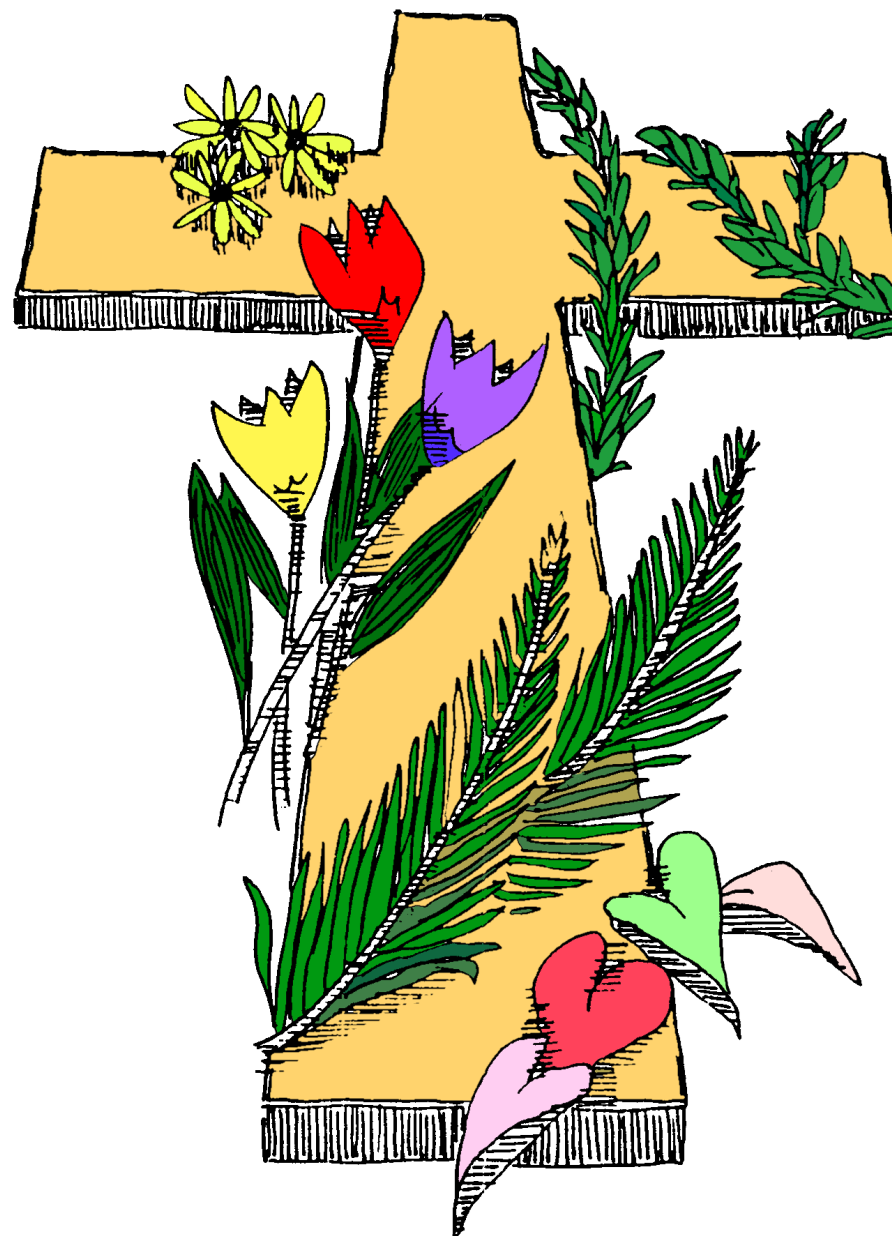
**Saturday, March 2 5:00 pm Mass**  
The prayers for the Elect at the 1st Scrutiny are for recognizing their thirst, a thirst we all share-- a thirst that only Jesus can satisfy. At the well, the Samaritan woman hears Jesus then goes and tells the villagers what she has heard, causing them to seek him out for themselves.

#### Second Scrutiny: 4th Sunday of Lent

**Sunday, March 10...7:00 am Mass**  
The prayers for the Elect at the 2nd Scrutiny are prayers for spiritual sight. The man healed of his blindness gradually grows to see as Christ sees. By the end of the story, the one who healed him was "Lord" (John 9:38) in whom he believed.

#### Third Scrutiny: 5th Sunday of Lent

**Sunday, March 17 ....11:00 am Mass**  
The prayers for the Elect at the 3rd Scrutiny are for a new life in Christ. In the story of the raising of Lazarus, we come to the final days before the elect must stand before the font and profess their faith.



### Easter Season

Second Sunday, April 7  
Third Sunday, April 14  
Fourth Sunday, April 21  
Fifth Sunday, April 28  
Sixth Sunday, May 5

**Ascension of the Lord**  
Sunday, May 12



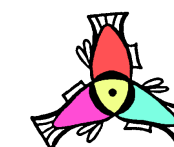
**Confirmation & First Eucharist**  
May 18, 5 p.m. Mass



**Pentecost Sunday**  
May 19



**Most Holy Trinity**  
May 26



**Body & Blood of Christ**  
June 2



LET THE SPIRIT GUIDE YOU  
DISCERN THE VOCATION OF  
**DEACON**



DIOCESE OF HONOLULU | OFFICE OF PERMANENT

**DEACON FORMATION**

**ABOUT US**

The Permanent Deacon Formation Program is a five-year intensive program that prepares men spiritually, intellectually, and pastorally for Ordination. Men (and if married, their wives) will be formed and sent to teach, to guard and to bear witness to, and to serve the Church through their witness to Jesus, and their diaconal ministries of Word, Service and Charity.

**INQUIRY WEEKENDS**

These weekend retreats offer a spiritually enriching encounter, filled with valuable information, providing men and their wives a profound experience to deeply explore the diaconate vocation. **Whether you've felt a diaconal calling or have just a faint inkling of one, you should attend.** To be considered for the next cohort, applicants must attend one of these mandatory weekends, with their spouses if married.

- April 12 - 14
- May 3 - 5
- June 14 - 16

**CONTACT US**

We invite you to reserve a space online at our website:

[catholicahawaii.org/formation](http://catholicahawaii.org/formation)

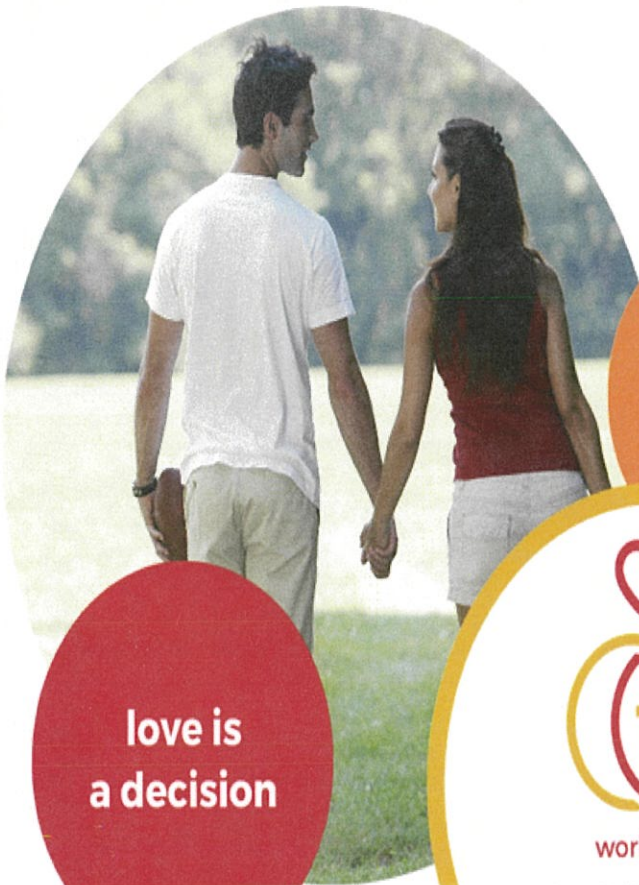
For questions and concerns:  
[deaconformation2@rcchawaii.org](mailto:deaconformation2@rcchawaii.org)

Or call us at:  
(808) 203-6777



All accommodations, plus airfare for neighbor islanders will be covered by the program.

[WWW.CATHOLICAHAWAII.ORG/FORMATION](http://WWW.CATHOLICAHAWAII.ORG/FORMATION)



thriving  
together

love is  
a decision



worldwide  
marriage  
encounter



online  
application!



[hawaiiwwme.org](http://hawaiiwwme.org)

Uncover the secrets to a lasting, supportive marriage. This weekend retreat is a skill building experience, where together, you as husband and wife, learn how to be the best couple you can be. No group discussion. Based on Catholic values but open to couples of all faiths.

## 2024 weekend dates on Oahu:

**In English: Live your best life in love**

April 12-14, 2024

St. Anthony Retreat Center - Kalihi Valley

**En Español: Vive la vida enamorado**

May 3-5, 2024

St. Anthony Retreat Center - Kalihi Valley

**Please contact Dave and Sue Shanahan**



808-218-0844



[shanahanwwme@gmail.com](mailto:shanahanwwme@gmail.com)

WWME is faithful to the Roman Catholic Church's teaching that marriage is a covenant that exists between one man and one woman. Any reference to marriage or couple made by WWME is in this context.