

March 17, 2024 Fifth Sunday of Lent

Sunday Bulletin

St. John Vianney Catholic Church, Kailua

WWW.SAINTJOHNVIANNEYHAWAII.ORG | SJVKAILUPARISH@RCCHAWAII.ORG

920 KEOLU DRIVE, KAILUA, HI 96734 | 808-262-8317 | REV. VINCENT VU, PASTOR

Jesus answered them, "The hour has come for the Son of Man to be glorified. Amen, amen, I say to you, unless a grain of wheat falls to the ground and dies, it remain just a grain of wheat; but if it dies, it produces much fruit.

John 12: 23-24



ANNOUNCEMENTS

CRS Rice Bowls—Embodying the love of Christ by caring for one another

Reflect on your Lenten journey thus far: What have you learned from our global family members in Uganda, El Salvador and Indonesia? How does the Eucharist unite us with our sisters and brothers around the world? Consider how Christ is present in Adolf and Florence, Sandra and Santos, and Evita. Visit crsricebowl.org to read their Stories of Hope.



Lenten Communal Penance Service at Windward Vicariate Church

Tuesday, March 19 at 6:30 p.m. at Our Lady of Mount Carmel, Waikane

Ko'olau Catholic Men's Fellowship meets on Thursday, March 21

All men are invited to dinner on Thursday, March 21, 2024 at 6:30 p.m. at St. Ann Church, in Kaneohe Parish Hall for dinner with special guest speaker, Fr. Stephen Banjare, ss.cc. Fr. Banjare is the new pastor of St. Ann Church who is a native of India. He transferred from Massachusetts where he was the pastor of St. Joseph in Fairhaven.

Donations and Volunteers needed for Annual Easter Egg Hunt

We are preparing for our big Easter Egg Hunt event on March 31. We need donations of snacks (gummies, popcorn, goldfish, etc.) candy (individually wrapped), juice boxes, new baskets, books, coloring books, crayons, toys, and crafts. Please drop off donations at the parish office no later than March 23rd. We are also looking for volunteers to help stuff Easter eggs and make baskets on Sunday, March 24 at 10 a.m. If you can help, please text Gary at 808-224-0724. Mahalo!

Sign-Up for Children Required for Easter Egg Hunt Participation

St. John Vianney's Easter Egg Hunt is right around the corner. Sign up is completely online and can be done by scanning this QR code with your phone.



National Eucharistic Revival

Year of Parish Revival, June 11, 2023 – July 17, 2024

The Revival is now reaching the pews! This year is about fostering Eucharistic devotion at the parish level, strengthening our liturgical life through the faithful celebration of the Mass, Eucharistic adoration, missions, resources, preaching, and organic movements of the Holy Spirit. The trifold flyers are now available in the back of the church and online.

Mahalo for your support to the Catholic Relief Services Collection

Thank you for your generous support of The Catholic Relief Services Collection and for revealing Christ's love to those who are poor and marginalized around the world. If you missed the collection, it's not too late to give!

Visit <https://www.osvhub.com/sjvhawaii/giving/funds>

We wish everyone a Happy St. Patrick's Day!



Prayers for Healing

Ruth Alves
Anna Asinsin
Edward Balderston
Jim Balderston
Terry Barnaby
Clark Bernales
Robert Bernales
Michelle Brown
Donovan Caldeira
Sheryl Caldeira
Rod Castanha
Carolyn Chong
Glenn Chong
Mollie Chun
Phillip Cordaro
Kathy Dean
John Dixon
Pat Drury
Marie Durante
Hamilton Durante
Sharon Elwell
Tom Glorioso
Jayla Gomes
Dan Gorecki
Milli Gorecki
Tim Hudson
Kailey Jong-Perez
Bruce Kumashiro
Charlien Kumashiro
Tony Lambio
Hayden Lau
Myngoc Le
Margaret S. Lee
Brian Lewis

Kasey Lopes
Mike Lauriano
Sylvia Manlutac
Ruford Marcum
Mary Matos
Sandy McAulton
Gloria Medeiros
Jack Miller
Beverly Mink
Bobby Mink
Linda Morgan
Audrey Motonaga
Hope Montalvo
Jennifer Ann Ng
Sharon Nisbet-Jones
Mary Odum
Cayetana Paras
James Reis
Jean Rich
Bill Roman
Antonio Salcedo
Par Salehi
Alice Secor
Jessica Shimoda
Deni Smith
Bernardo Soriano
John Sutton
Erin Tagupa
Loriann Tavares
Christine Taylor
Gabrielle Taylor
Terri Taylor
Terry Walczak

Repose of Soul

+John Glorioso, Jr.

+Sylvia Ann Pao Kruse, Funeral Mass on Saturday, April 6 at 11 a.m.

+Christa Obara, Funeral Mass pending

Next Sunday's Readings

Palm Sunday-Mass starts at Circle of Peace

Gospel at the Procession: Mark 11:1-10

1st Reading: Isaiah 50:4-7

2nd Reading: Philippians 2:6-11

Gospel: Mark 14:1-15:47

Upcoming Events

- Infant (age 6 and under) Baptism classes will be by appointment only in March. Please call the parish office.
- Fri, Mar 22, 7 p.m. Stations of the Cross
- Tue, Mar 26, 7 p.m. Chrism Mass at Co-Cathedral, St. Theresa.
- Thu, Mar 28, 7 p.m. Evening Mass of the Holy Supper (Holy Thursday)
- Fri, Mar 29, 3 p.m. & 7 p.m. Passion of the Lord (Good Friday)
- Sat, Mar 30, 7 p.m. Easter Vigil Mass
- Sun, Mar 31, Easter Masses, regular Sunday schedule
- The Great 90 Days of Lent & Easter 2024 Calendar is now available online.

Use the QR code at the entrance to the church to read the full edition of the Sunday Bulletin online or in myParish app for more announcements.

Download the music leaflet to sing along during Mass from your smart device.



SCHOOL NEWS

Students and staff will be on Spring Intersession and Spring Break from March 18th through April 1st, and will return to classes on Tuesday, April 2. Wishing all a holy and happy Easter.

The American Heart Association sent us a wonderful thank you letter regarding our Kids Heart Challenge: “On behalf of the American Heart Association, thank you very much for raising \$5,308.98 with your school’s recent Kids Heart Challenge. Your support and participation make a tremendous impact in helping millions of Americans through increased awareness of cardiovascular disease, lifesaving scientific research and critically needed education efforts.” Mahalo to our wonderful families for being so generous.

Our hula halau, Halau Ka Pa Hula O Ka Lei Hulu Hiwa, will be performing at the I Love Hula event at the Kailua Town Center on Sunday, April 7th from 2:00 to 3:00 pm. The performance area is located at the Longs parking garage. All are invited to attend and watch these amazing performers.



CONFIRMATION AND FIRST EUCHARIST CLASS RETREAT

Our parish is blessed to have children preparing to receive their initiation sacraments in May. Part of the sacramental preparation program includes retreats, like the one this past Saturday, which was a special day of pondering and practice focused on the Holy Eucharist. The class used materials that helped them hear and see what our Good Shepherd is calling us to in this special sacrament. They read the scriptures that make up the Eucharistic prayers of the liturgy and discussed what God is telling us in these prayers. They heard them spoken from Jesus in the scripture then wrote them in their own personal missals. They practiced the gestures that priests use during the consecration. Hands-on interaction with the articles used at the altar helped our children understand what is taking place in the Mass. Please pray for these baptized children and their families as they prepare to complete their initiation into the Church.

CATHOLIC FAITH CORNER



The Sacrament of Reconciliation

Why go to confession? This is a question Protestants ask Catholics. What would you say? Well, it is a fact that Jesus entered this world for a purpose, to restore humanity to its original innocence by the forgiveness of sins. Recall the words in last Sunday’s Gospel, John 3:16: “God so loved the world that he gave His only Son, that whoever believes in him may not die but may have eternal life.” During his public ministry, Jesus preached about forgiveness of sins. Remember the parables of the Prodigal Son (Lk 15:11ff) or the Lost Sheep (Lk 15:1ff), and his teaching that “There will likewise be more joy in heaven over one repentant sinner than over 99 righteous people who have no need to repent.” (Lk 15:7) Jesus himself forgave sins, for instance, in the story of the woman caught in adultery (Jn 8:1ff). He also taught us to pray for forgiveness in the “Our Father.” His mission of reconciliation would climax in his passion, death and resurrection, to free us from sin and death.

However, Jesus never trivialized sin or rationalized it. No, for Jesus sin is sin, a violation of love against God and neighbor. Jesus called, and still calls the sinner to realize the sin, to repent of it, and to be reconciled to God and neighbor. And He wanted this ministry to continue. It is for that reason that on that first Easter Sunday evening, Jesus appeared to His Apostles, “breathed on them,” and said, “Receive the Holy Spirit. If you forgive men’s sins, they are forgiven them ...” (Jn 20:21-23) Only twice in Sacred Scripture do we find God breathing into human beings. First, in the Genesis account of creation. (Gen 2:7). Now, Jesus, the Son, breathes His life into His Apostles, so that through them he will “breathe” life into the souls of contrite sinners, thereby instituting the Sacrament of Penance and making His Apostles the ministers of it.

RACHEL’S VINEYARD RETREAT

This retreat offers healing and support for anyone who has experienced emotional pain and suffering after abortion. Women, men, family and anyone hurting after abortion are welcomed to this private retreat where the mercy, love and compassion of Jesus Christ will be felt in an environment of safety and trust for healing to take place. Retreats in 2024 will be held on April 26—28 and October 4—6. Registrations are strictly confidential. To register, contact Lisa at 808 490-4702 or email RVinHawaii@gmail.com.

ST VINCENT DE PAUL SOCIETY

In the Gospel today, Jesus says “Whoever serves me must follow me, and where I am, there also will my servant be. The Father will honor whoever serves me.” When we help the poor, we are truly followers of Jesus, servant of the poor. As you place your gift in the Society of St. Vincent de Paul envelope, know that you are a sign of God’s love to those who are suffering, and you give them Easter hope and joy.

The Windward Oahu Conference of St. Vincent DePaul that operates out of SJV Parish is the only chapter in the state of Hawaii serving the needs of clients across all islands.

OFFERTORY Our gifts to God to steward the Church

Week of Feb 24—Mar 1, 2024	<u>Envelopes/Loose</u>	<u>Online Giving</u>	<u>Total</u>	<u>Goal</u>	<u>% of Goal</u>
Sunday Offertory	\$3,880.00	\$3,930.00	\$7,810.00	\$8,763.33	89.12%
Repair and Maintenance	\$195.00	\$450.00	\$645.00	\$1,500.00	43.00%
Major Repair and Maintenance	\$0.00	\$775.00	\$775.00	\$576.92	134.33%

Give Online



5^h Sunday of Lent

Thank you placing your leaflet in recycling box after Mass.

GATHERING RITE



Grant to us, O Lord, a heart re-newed; Re-cre-ate in us your own spir-it, Lord.

Text & tune: Lucien Diess, 1965 ©WLP All rights reserved.

Pentitential Rite

RM 7L



Have mer-cy on us, O Lord For we have sinned a - gainst you.



Show us, O Lord, your mer-cy. And grant us your sal-va-tion. A - men.



Lord, have mer - cy. Christ, have mer - cy. Lord, have mer - cy
Lord, have mer - cy. Christ, have mer - cy. Lord, have mer - cy

RESPONSORIAL PSALM (FOR 5 PM, 7, 9 AM)

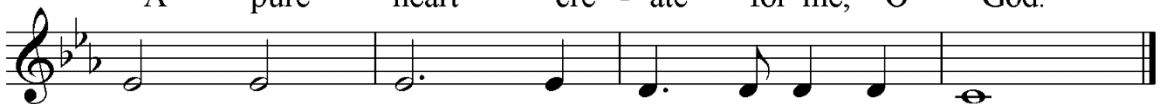
Moderato

Psalm 51⁶

Robert M. Mondoy



A pure heart cre - ate for me, O God.



A pure heart cre - ate for me, O God.

1. Have mercy, tender God, forget that I defied you. Wash away, O wash away my sin, cleanse me from my guilt.
2. Creator, reshape my heart, God, steady my spirit. Do not cast, O do not cast me aside stripped of your holy spirit.
3. Save me, bring back my joy, support me, strengthen my will. Then I will teach, O then I will teach your way and sinners will return to you.

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RESPONSORIAL PSALM (FOR 11 AM ONLY)

Psalm 130²

Marty Haugen



With the Lord there is mer-cy and full-ness of re-demp-tion.

1. *From the depths, I cry unto you, Lord, hear my voice, come hear my prayer; O let your ear be open to my pleading.*
2. *If you, O Lord, should mark our guilt, then who could stand within your sight? But in you is found for givenness for our failings.*
3. *Just as those who wait for the morning light, even more I long for the Lord, my God, whose word to me shall ever be my comfort.*

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Mesa Kaniko

Gospel Acclamation for Lent

SM 92



Praise to you, Lord Je-sus Christ, King of end-less glo - ry.

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ANTIPHON FOR THE 3RD SCRUTINY, 11 A.M. ONLY

5th Sunday Lent

Third Scrutiny (Lord's Prayer)



3. God of the liv-ing, not of the dead: Raise us to life be-yond our death!

PREPARATION OF THE GIFTS

Deep Within

Hymnal 137

Deep within I will plant my law, not on stone, but in your heart. Follow me, I will bring you back, you will be my own, and I will be your God.

1. I will give you a new heart, a new spirit within you, for I will be your strength.
2. Seek my face, and see your God, for I will be your hope.
3. Return to me with all your heart, and I will bring you back.

Text: Jeremiah 31:33, Ezekiel 36:26, Joel 2:12: David Haas, b.1957

Tune: David Haas, b.1957; Acc. By Jeanne Cotter ©1987 GIA Publications, Inc.. All rights reserved. Used with permission.

EUCCHARISTIC ACCLAMATIONS

Fullness of Faith
Preface Dialogue

RM 124

The Lord be with you. And with your spir- it. Lift up your hearts. We lift them up to the Lord. Let us give thanks to the Lord, our God. It is right and just.

Fullness of Faith
Memorial Acclamation B

RM 324b

The my-ster-y of faith. When we eat this bread and drink this cup, we pro- claim your death, O Lord, un- til you come a- gain.

Amen RM 424

A - men, a - men. A - men, a - men, men, a - men.

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Lamb of God

SM 600

Lamb of God, you take a-way the sins of the world, have mer-cy on us,
Lamb of God. Grant us peace, grant us peace. Peace.

Music: Tom Parker ©1980 GIA Publications. All rights reserved. Used with permission.

Holy

RM 224

Ho - ly, ho - ly, ho - ly, Lord, God of hosts.
Heav-en and earth are full of your glo - ry. Ho - san - na, ho - san - na, ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho - san - na, ho - san - na, ho - san - na in the high - est. high - est.

(Chant, minor)

Our Fa-ther, who art in heav-en, hal-lowed be thy name; thy king-dom come;
thy will be done on earth as it is in heav-en. Give us this day our dai-ly bread;
and for-give us our tres-pass-es as we for-give those who tres-pass a-against us;
and lead us not in - to temp-ta-tion, but de-liv-er us from e - vil.
For the king-dom, the power and the glo - ry are yours, now and for-ev - er.

Adapted after Sacramentary 1985, p561 (Alexander Popsquin, 1974)

Please remain standing until the conclusion of the Communion Song

COMMUNION PROCESSION: **Now We Remain**

Hymnal 172

We hold the death of the Lord deep in our hearts. Living, now we remain with Jesus, the Christ.

1. Once we were people afraid, lost in the night. Then by your cross we were saved; dead became living, life from your giving.
2. Something which we have known, something we've touched, what we have seen with our eyes: this we have heard; life giving Word.

3. He chose to give of himself, became our bread. Broken that we might live.
Love beyond love, pain for our pain.

4. We are the presence of God; this is our call. Now to become bread and wine:
food for the hungry, life for the weary, for to live with the Lord, we must die
with the Lord.

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LEAVETAKING SONG

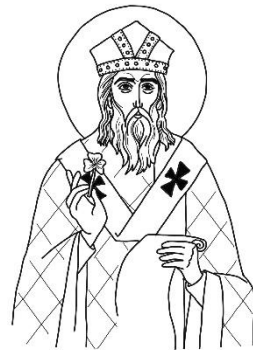
Song of St. Patrick

Hymnal 193

**May the Spirit of Christ be our hope through the day, be our guard through
the night, our companion on the way.**

1. Christ be ever before us, Christ be ever behind us, Christ be ever within.
2. Christ upon our left hand watching, at our right hand guiding, Christ above
beneath us guarding, near to us abiding.
3. Christ be in each holy silence. Christ be in our speaking, Christ in ev'ry work
we offer, ever in our seeking.
4. Let us be God's light in the darkness, let us be God's kindness; Let us be
God's justice and mercy, hands and feet of Christ.
5. God Creator, bless and keep us Christ be ever near us Spirit, be the light
before us, gentle be our pathway.

Based on "St. Patrick's Breastplate" Marty Haugen. ©1986 GIA Publications. Reprinted with permission under ONE LICENSE, License #A-735407 All rights reserved. Used with permission.



St. Patrick of Ireland

**St. John Vianney Parish
Presents
The 2nd Year of Eucharistic Revival
The Year of Parish Revival**



**Learn the Importance
Of Reconciliation**

Penance or Reconciliation
is one of the Sacraments of Healing,
since by the priest's sacramental absolution
God grants the penitent "pardon and peace."

***"If we acknowledge our sins,
He is faithful and just and will forgive our sins
and cleanse us from every wrongdoing."***

St. John Vianney

The Year of Parish Revival

Learn the Importance Of Reconciliation

- The institution of the Sacrament of Penance/Reconciliation by Jesus was to help us reconcile with God. *“The whole power of the Sacrament of Penance consists in restoring us to God’s grace and joining us with him in an intimate friendship.”* (CCC, no. 1468)
- Sin harms our relationship with God and damages our loving communion with the church and with others. Hence, Jesus instituted the Sacrament of Reconciliation to repair the broken relationship with God and with others. At the same time, the Sacrament of Reconciliation gives the effect of renewing the vitality of the Church itself.
- In this Sacrament, the penitent receives the merciful judgement of God and is engaged on the journey of conversion that leads to future life with God. The Church also recommends that a person go regularly to confession, even if only for venial sins. This is because *“the regular confession of our venial sins helps us form our consciences, fight against evil tendencies, let ourselves be healed by Christ and progress in the life of the Spirit.”* (CCC, no. 1458)
- The Sacrament of Reconciliation is an experience of the gift of God’s boundless mercy. Not only does it free us from our sins but it also challenges us to have the same mind of compassion and forgiveness for those who sin against us. We are liberated to be forgivers. We obtain new insight into the words of the Prayer of St. Francis: *“It is in pardoning that we are pardoned.”*
- The Sacrament of Reconciliation is a sacrament in which the priest, as the agent of God, forgive the sins committed after Baptism, when the sinners is heartedly sorry for them, sincerely confesses them, and is willing to make satisfaction for them.
- Part of the Sacrament of Reconciliation is healing. Sometimes, we will need to practice a therapy that is more carefully focused on making choices about what we can practice doing and what we can practice avoiding so as not to make mistakes that will harm our relationship with God and with others.
- What to do: Priest will give a blessing or greeting. Make the Sign of the Cross and say “Bless me father, for I have sinned. My last confession was...” (Give weeks, months, years). Confess all your sins to the priest. (If you are unsure or uneasy, the priest will guide you.). The priest assigns a penance and offers advice to help you be a better Catholic. Say an Act of Contrition, expressing your sorrow for your sins. The priest, acting in the person of Christ, then absolves you from your sins.

**Our Parish Faith Formation Committee encourages
everyone in our parish family
to learn more about this specific topic.**

The Stations of the Cross



This Lent, come share a
Spiritual Pilgrimage as we
contemplate the Passion of Christ.

Fridays, Feb 16, 23, March 1, 8, 15 & 22

7:00 PM

St John Vianney Church

we need your help!

FOR OUR PARISH EASTER EGG HUNT

SNACKS
GUMMIES, POPCORN,
GOLDFISH, ETC.

CANDY
INDIVIDUALLY WRAPPED

JUICE BOXES

NEW
BASKETS
BOOKS
COLORING BOOKS/CRAYONS
TOYS

Please drop off donations at Parish Office
no later than March 23, 2024



ST. JOHN VIANNEY PARISH



Easter
EGG HUNT



MARCH 31, 2024
AFTER 9AM MASS



PRE-REGISTRATION REQUIRED

CHILDREN AGE 10 AND BELOW

DON'T FORGET YOUR BASKET!



Flame Of Love in Hawaii

March 17-18, 2024

5 Different Talks

March 17, 2024 - 4 p.m. and 6:30 p.m. at **St. Pius X Church, Manoa**

March 18, 2024 - 10 a.m. and 1:30 p.m. at **St. Pius X** 2821 Lowrey Ave.

- 7 p.m. at **St. Ann Church, Kaneohe** 46-125 Haiku Rd.

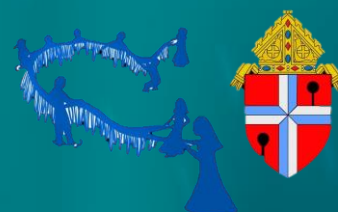
Keynote: **John Sullivan III**, Acting International Coordinator

No charge but a love offering is appreciated

For more information:

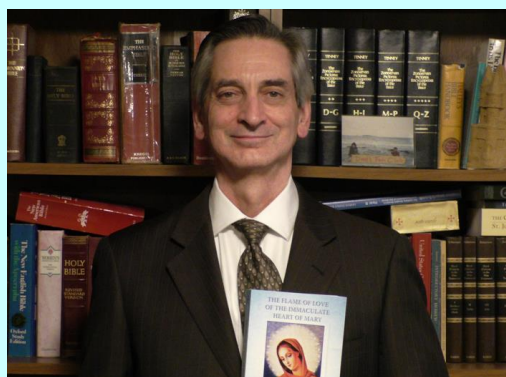
dolaso@rcchawaii.org

www.facebook.com/DiocesanEvangelizationTaskForce/



Diocesan Evangelization Taskforce

- The Blessed Mother has heard the cry and has come to help.

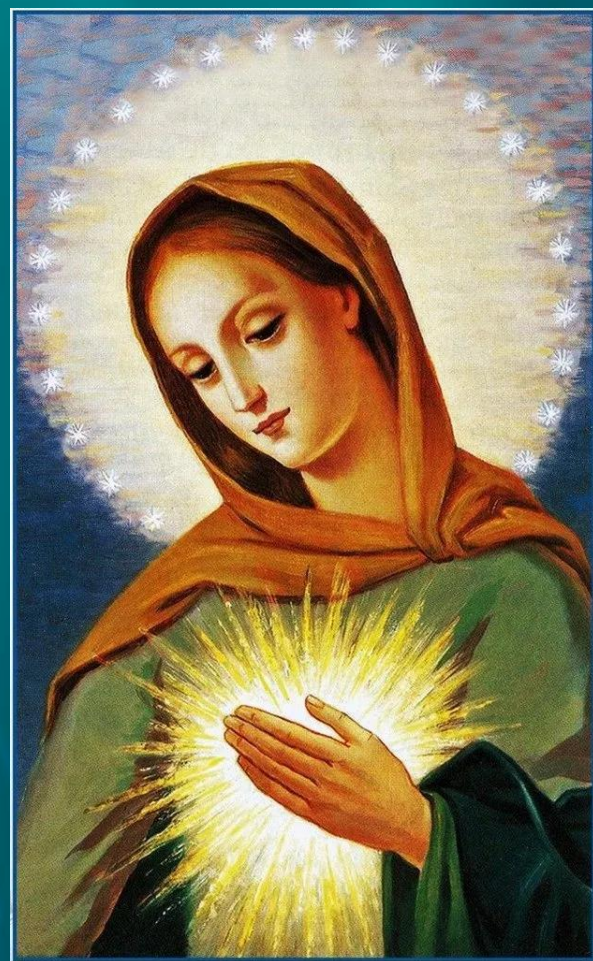


- The *Flame of Love* is a love

so strong that will break the hold of sin, will heal families, and will bring people back to the Church.

- Mother Mary shares her own love to strengthen our love for GOD.

- It's time to save our country, its time to save our families, Blessed Mother has come to show us how in the *Flame Of Love*. Come and join us



Ko'olau Catholic Men's Fellowship



Fishers of Men

Matthew 4:19

Men's Fellowship Meeting
Thursday March 21, 2024

St. Ann. Catholic Church
Kaneohe
(Meeting will be held in the Parish Hall)

Dinner at 6:30pm

INVITE A FRIEND

Speaker:
Father Stephen Banjare

Father Stephen is the new Pastor at St. Ann Church. Father Stephen transferred from Fairhaven, MA and is a native of India. He was the Pastor of Saint Joseph in Fairhaven.

"Commit everything you do to the Lord. Trust Him. And He will help you." Psalm 37:5



February 14 - March 24
40 DAYS FOR LIFE.

The 2024 Spring Campaign runs from February 14 - March 24. 40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses. The 40 Days for Life closing Mass will be on Saturday April 6, 2024, 8 a.m. at the Co-Cathedral of St. Theresa of the Child Jesus.

For more information, please visit [40 Days for Life Honolulu.](#)



Lenten Season

This penitential season of six Sundays and forty weekdays prepares for the high feast of Easter. Lent begins on Ash Wednesday and ends with the beginning of the Mass of the Lord's Supper in the evening on Holy Thursday (not Holy Saturday noon, as formerly).

Historically, Lent was the retreat-like final preparation period for catechumens, those being initiated into the Church and into the Paschal Mystery at the Easter Vigil. Naturally enough, it became in time a renewal period for the already baptized faithful, the sponsoring community being inspired by the conversion of the catechumens. It was also a time of penance for those enrolled in the order of penitents, an early form of the Sacrament of Penance, limited serious sinners. The whole Church came to adapt Lent as a penitential season whereby the faithful initiated both catechumens and serious sinners in doing penance.

The word *Lent* is from the Anglo-Saxon *lencten* (spring). *Lenctentid* (springtide) was the Saxon name for March because March is the month in which days begin to lengthen (also a root of "lent"). The Great Fast, falling as it does largely in the month of March, adopted and adapted the term.

The Triduum

The ancient Great Three Days, to which all leads and from which all flows, celebrate the heart of Christian faith: Jesus' redemptive death and Resurrection. Related to the Church year as Sunday is related to each week, the Triduum begins with the evening Mass of the Lord's Supper, continues through Good Friday and Holy Saturday, culminates in the Easter Vigil, and concludes with Evening Prayer of Easter Sunday.

With the renewal of the Triduum:

- Lent is observed until the Mass of the Lord's Supper.
- The Great Three Days are celebrated.
- The Great Feast (Easter) is sustained for fifty days.

(Easter Sunday is both the final hours of the Triduum and the first hours of the Great Fifty Days)

The first day of the Triduum, the Christian Passover, is from Holy Thursday sunset until Good Friday sunset; it is the day of Jesus' death, and has been likened to the sixth day of creation, when God formed us from clay and breath. It includes the liturgies of "the Evening Mass of the Lord's Supper" and "the Celebration of the Lord's Passion."

The second day of the Triduum, from Good Friday sunset until Holy Saturday sunset, is the Paschal Sabbath, the day of rest. In burial, the Lord rested, and we rest in him (even in the liturgy).

The third day of the Triduum, beginning Holy Saturday at sunset, is the great surprise, the Easter surprise. This third day begins with the holiest night of the year, the vigil of Easter, leading into the days of days, the queen of feasts. Its liturgy is the queen of the royal liturgical family.

According to the Roman Missal:

- Holy Thursday's service is "The Evening Mass of the Lord's Supper."
- Good Friday's service is "The Celebration of the Lord's Passion."
- Easter Sunday's services are the Easter Vigil, Easter Sunday's services during the night and Easter Sunday.

The Easter Season

The Easter Season refers to the Great Fifty Days from Easter Sunday to Pentecost Sunday, a celebration of our participation in Christ's Resurrection which brings us from the death of sin to a life of grace. Its last ten days (prior to Pentecost) focus on the promise of the presence and power of the Holy Spirit. The fiftieth day (*pente-*) is seven (the perfect number) squared plus one (the first day of the New Life). The word *Easter* probably has roots in the Norse term *Eostur*, the season of the rising sun, or the time of the new birth of spring. Both these meanings lent themselves well to Christian symbolism for the new life of the Risen Christ, the eternal light.

2024 Lenten Regulations Diocese of Honolulu



FASTING

- ❖ In the dioceses in the United States, Catholics aged 18 through 59 are bound to fast on both Ash Wednesday (**February 14**) and Good Friday (**March 29**).
- ❖ To *fast* means to consume one full meal a day at most, although taking of other, smaller quantities of food at the other customary mealtimes is permitted. Food and drink between meals (excepting water and medicine) is not permitted on fast days.

ABSTINENCE FROM MEAT

- ❖ Catholics aged 14 and up are to abstain from meat on Ash Wednesday, all Fridays of Lent, and Good Friday.
- ❖ To abstain means refraining from eating beef, veal, pork, or poultry at least, although eggs and milk products are acceptable. The consumption of fish and shellfish is permitted, though the penitential character of the abstinence should be kept in mind.

EASTER DUTY

- ❖ All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year. This precept is to be fulfilled during the Easter Season unless it is fulfilled, for a just cause, at some other time during the year. This period is extended to include all the weeks of Lent and the Easter Season up to Trinity Sunday (**May 26**).

LENTEN PRACTICES

- ❖ The faithful are encouraged during Lent to attend daily Mass, receive Holy Communion, participate in penance services, and receive sacramental absolution; to take part in public and private exercises of piety, give generously to works of religion and charity, perform acts of kindness toward the sick, aged, and the poor; to practice voluntary self-denial, especially regarding food, drink, and worldly amusements; and to pray more fervently, particularly for the intentions of the Holy Father.
- ❖ Ash Wednesday, the first day of Lent, falls this year on **February 14**. Ashes are to be blessed as a sign of our entry into a season of conversion, repentance, and reconciliation. Ashes are to be blessed by a bishop, priest, or deacon. Others may be associated with the clergy in the distribution of ashes.
- ❖ Funeral Masses may not be celebrated on Holy Thursday, Good Friday, or Holy Saturday, nor on the Sundays of Lent. When pastoral reasons require that a funeral be celebrated on these days, only a Funeral Outside of Mass may be held.
- ❖ To afford the faithful opportunities to participate in Lenten prayer services, pastors are encouraged to have such prayer services at least twice a week, including the Way of the Cross on Fridays, Exposition and Benediction, Evening Prayer, and evening Masses. A homily or instruction should be included.

BLESSING OF THE OILS AND CONSECRATION OF THE CHRISM

- ❖ In order to allow participation of Catholics throughout the islands, the Sacred Oils will be blessed during the Chrism Mass. All are encouraged to join in the following celebration:

Oahu: **Tuesday, March 26 at 7 p.m., Co-Cathedral of St. Theresa, Honolulu**

THE SACRED PASCHAL TRIDUUM

- ❖ "Since Christ accomplished his work of human redemption and of the perfect glorification of God principally through his Paschal Mystery, in which by dying he has destroyed our death, and by rising restored our life, the sacred Paschal Triduum of the Passion and Resurrection of the Lord shines forth as the high point of the entire liturgical year" (*Universal Norms on the Liturgical Year and the Calendar, #18*). Three major liturgical principles may be of help here:

- a. The Triduum may be viewed a single liturgical action that occurs over a period of three days.
- b. The Triduum is not part of Lent, but in its entirety, celebrates the Easter event.
- c. The entire focus of the Triduum is on the Triumph of the Cross and the Resurrection.

St. John Vianney Parish celebrates

The Great Ninety Days of Lent and Easter 2024

The Paschal Triduum



Holy Thursday
March 28 at 7:00 p.m.

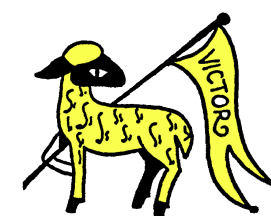
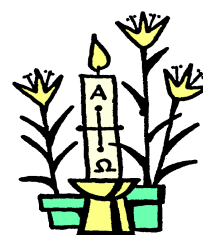
Good Friday
March 29 at 3:00 p.m. & 7:00 p.m.

Holy Saturday Easter Vigil
March 30 at 7:00 p.m.

Easter Sunday
March 31 Masses at 7:00, 9:00, & 11 a.m.



Passion (Palm) Sunday March 24



Chrism Mass
March 26 (Tuesday), 7:00 p.m.
Co-Cathedral of St. Theresa



Parish Lenten Penance Service
Wednesday, March 13 at 7:00 p.m.
K of C Fish Fry Friday March 8 St. Anthony

Anointing of the Sick
Saturday 8:00 a.m. Mass of March 2



Adoration
Following Saturday, 8:00 a.m.
Mass of March 2



Stations of the Cross
Friday Nights at 7:00 p.m.
Feb 16, 23, Mar 1, 8, 15, 22
Parish Mission 7:00 p.m.
Feb 27, 28 "Eucharistic Adoration"



Operation Ricebowl
February 14-March 28



Ash Wednesday
February 14
Scripture Service: 6:00 a.m.
Mass: 8:00 a.m. & 7:00 p.m.



Season of Lent

The Scrutinies

The Scrutinies are rites of conversion and repentance. They include prayers of intercession and exorcism and are intended to deliver the elect from sin, protect them from temptation and invite them closer to Christ.

First Scrutiny: 3rd Sunday of Lent

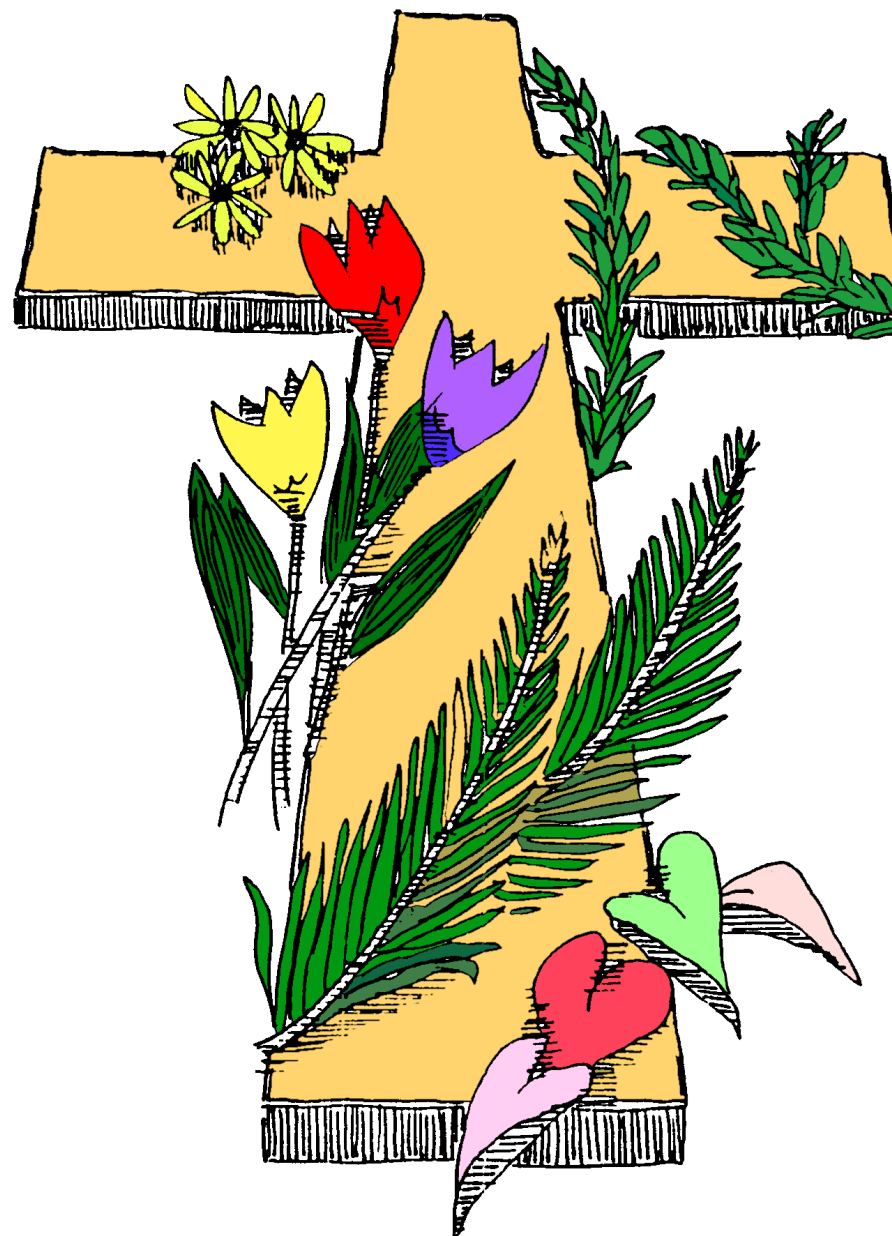
Saturday, March 2 5:00 pm Mass
The prayers for the Elect at the 1st Scrutiny are for recognizing their thirst, a thirst we all share-- a thirst that only Jesus can satisfy. At the well, the Samaritan woman hears Jesus then goes and tells the villagers what she has heard, causing them to seek him out for themselves.

Second Scrutiny: 4th Sunday of Lent

Sunday, March 10...7:00 am Mass
The prayers for the Elect at the 2nd Scrutiny are prayers for spiritual sight. The man healed of his blindness gradually grows to see as Christ sees. By the end of the story, the one who healed him was "Lord" (John 9:38) in whom he believed.

Third Scrutiny: 5th Sunday of Lent

Sunday, March 1711:00 am Mass
The prayers for the Elect at the 3rd Scrutiny are for a new life in Christ. In the story of the raising of Lazarus, we come to the final days before the elect must stand before the font and profess their faith.



Easter Season

Second Sunday, April 7
Third Sunday, April 14
Fourth Sunday, April 21
Fifth Sunday, April 28
Sixth Sunday, May 5

Ascension of the Lord
Sunday, May 12



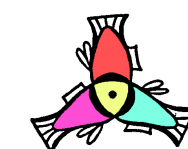
Confirmation & First Eucharist
May 18, 5 p.m. Mass



Pentecost Sunday
May 19



Most Holy Trinity
May 26



Body & Blood of Christ
June 2



LET THE SPIRIT GUIDE YOU
DISCERN THE VOCATION OF
DEACON



DIOCESE OF HONOLULU | OFFICE OF PERMANENT

DEACON FORMATION

ABOUT US

The Permanent Deacon Formation Program is a five-year intensive program that prepares men spiritually, intellectually, and pastorally for Ordination. Men (and if married, their wives) will be formed and sent to teach, to guard and to bear witness to, and to serve the Church through their witness to Jesus, and their diaconal ministries of Word, Service and Charity.

INQUIRY WEEKENDS

These weekend retreats offer a spiritually enriching encounter, filled with valuable information, providing men and their wives a profound experience to deeply explore the diaconate vocation. **Whether you've felt a diaconal calling or have just a faint inkling of one, you should attend.** To be considered for the next cohort, applicants must attend one of these mandatory weekends, with their spouses if married.

- April 12 - 14
- May 3 - 5
- June 14 - 16

CONTACT US

We invite you to reserve a space online at our website:

catholicahawaii.org/formation

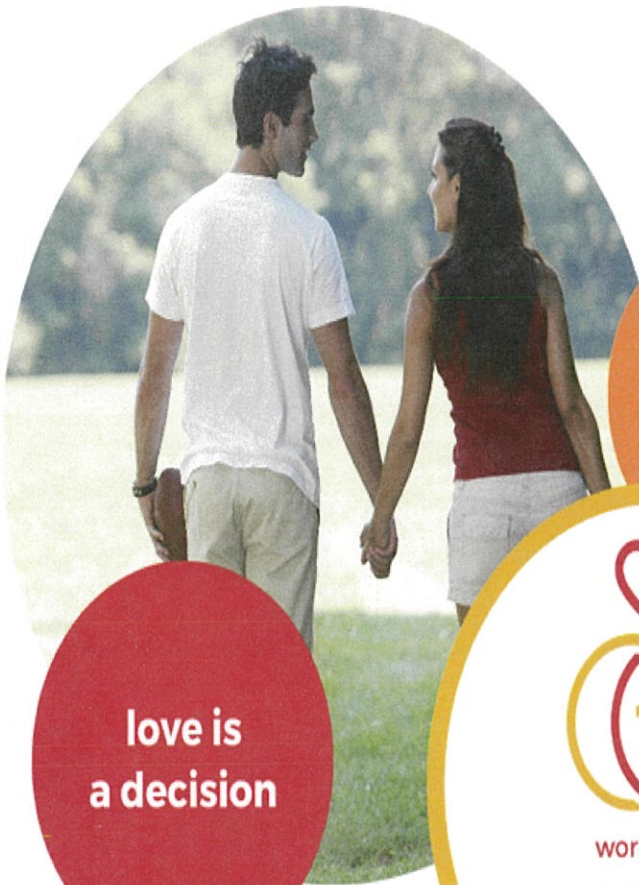
For questions and concerns:
deaconformation2@rcchawaii.org

Or call us at:
(808) 203-6777



All accommodations, plus airfare for neighbor islanders will be covered by the program.

WWW.CATHOLICAHAWAII.ORG/FORMATION



thriving
together

love is
a decision



worldwide
marriage
encounter



online
application!



hawaiiwwme.org

Uncover the secrets to a lasting, supportive marriage. This weekend retreat is a skill building experience, where together, you as husband and wife, learn how to be the best couple you can be. No group discussion. Based on Catholic values but open to couples of all faiths.

2024 weekend dates on Oahu:

In English: Live your best life in love

April 12-14, 2024

St. Anthony Retreat Center - Kalihi Valley

En Español: Vive la vida enamorado

May 3-5, 2024

St. Anthony Retreat Center - Kalihi Valley

Please contact Dave and Sue Shanahan



808-218-0844



shanahanwwme@gmail.com

WWME is faithful to the Roman Catholic Church's teaching that marriage is a covenant that exists between one man and one woman. Any reference to marriage or couple made by WWME is in this context.

MORE ABOUT RACHEL'S VINEYARD HAWAII



RACHEL'S VINEYARD RETREATS

Rachel's Vineyard weekend retreats are a beautiful opportunity for any woman or man who has struggled with the emotional or spiritual pain of abortion. The weekend is a chance to get away from all the daily pressures of work and family and focus on this painful time in your life through a supportive and non-judgmental process. The time away provides an opportunity to deeply enter the grieving process and identify all the ways your abortion may have affected you.

Rachel's Vineyard has a number of powerful exercises, rooted in Scripture, which allow the soul to speak its grief and sorrow. These exercises help connect participants to their inner voice, to each other, and to the love and mercy of God. The exercises help participants to accept forgiveness for themselves and others. Participants are also given an opportunity to re-connect on a spiritual level with their children who have been aborted, to give them honor and dignity through many special and creative spiritual exercises as well as in a memorial service.

The weekend is a lot of work, but those who are willing to journey through their grief will experience the power of resurrection in their own lives. They will find meaning in what has happened and allow God to transform the experience into something that gives hope, liberation and peace.

Testimony: "This experience was life-changing for me! It freed me of the grief and guilt I carried for over 30 years. Even though I thought I was "tough" or "over it," nothing helped me or healed me more than my attending the RV retreat."

Dr. Theresa Burke and husband, Kevin Burke, founded Rachel's Vineyard Ministries' Weekend Retreats in 1995 in Philadelphia, PA. Dr. Burke created the retreat format after founding one of the first therapeutic support groups for post-aborted women and years of clinical work at The Center for Post Abortion Healing, founded in 1986.

Rachel's Vineyard Ministries Hawaii was established in 2009 as a program under the Respect Life Office of the Roman Catholic Church in Hawaii. Dr. Theresa Burke facilitated the first Hawaii retreat in September 2009 and provided a full-day's clinical training on the subject of Pregnancy Loss & Unresolved Grief to Hawaii's clergy/counselors/lay people/physicians. The RV team consists of a Catholic priest, professional counselor, facilitator, loving and non-judgmental lay volunteers, all who've participated on past RV retreats. We volunteer our time freely on the weekend because we understand the importance of healing and recovery surrounding the pain of abortion. We respect where each participant is in the grief process and we help each participant to move into a deeper level of healing.

Where Does the Name 'Rachel's Vineyard' Come From?

The name "Rachel" refers to an Old Testament figure. Rachel was written about in the book of Jeremiah: "Thus says the Lord: In Ramah is heard the sound of moaning, of bitter weeping! Rachel mourns her children, she refuses to be consoled because her children are no more.

Thus says the Lord: Cease your cries of mourning, wipe the tears from your eyes. The sorrow you have shown shall have its reward, says the Lord. There is hope for your future!" (Jeremiah 31:15-17)

Testimonies: "My husband and I both attended the RV Retreat. We both agree that it brought us closer to God and to each other. We received healing on so many levels. The love, warmth, and confidentiality were superb!"

"A family member & I attended RV; feeling nervous, the two of us were unsure of what to expect...at times it was an emotional roller coaster. We experienced safe lodging, meal nourishment, supportive environment; privacy of participants in mind at all times. The aftermath of the RV Retreat truly lifted my personal battle of burden which had been holding me hostage mentally and in my heart for over 35 years. We left the retreat with a renewed inner strength of confidence and a shared bonding experience which neither one of us will ever forget. Mahalo to the RV Team for doing what you do. Aloha & Mahalo, Ohana"



First RV Retreat in HI (Sept. 2009): Lisa Shorba, Dr. Theresa Burke, Sr. Geralyn Spaulding, O.S.B., and Rev. Khanh Pham-Nguyen.

"Jesus Himself said that He came to call sinners and not the self-righteous. I pray that all who participate in Rachel's Vineyard with the longing to be free and to be healed by Jesus, may find Him, the source of true joy, peace and love, and allow God to restore them to wholeness and happiness. I am praying much for you. God bless you."

~ Saint Mother Teresa of Calcutta

Testimony: "As a man, abortion affects us in a unique way...Rachel's Vineyard helped me heal many wounds from the past. I learned to be compassionate with myself. As Christians, we all strive to forgive, but rarely do we have such an opportunity to really learn how to forgive. The experiential learning process engaged me into a deeper walk with my faith. Now I am able to pray more deeply and authentically...to understand my pain and walk with it. My relationship with my wife has greatly improved...I feel now I can be much more open with her and she can understand my feelings about children. I recommend RV for anyone who has been burdened with the loss of their child. You will be surrounded by loving people."

RETREAT REGISTRATION INFORMATION:

Weekend retreats are 3 days & 2 nights and include overnight stay at a private retreat center. Accommodations, meals/ refreshments, and retreat materials are provided. Space is limited. A registration fee of \$175 is required per participant. Need-based scholarships are available.

Oahu Retreat Dates: April 26-28, 2024 & October 4-6, 2024 (2 retreats held annually. Call for info.)

Confidential Registrations. Call: (808) 490-4702 or e-mail: RVinHawaii@gmail.com

Women, men, family members and anyone hurting after abortion are welcome!

May God bless you and enfold you with His love and peace. We are praying for you!

~ Your Rachel's Vineyard Team



ABOUT RACHEL'S VINEYARD

Rachel's Vineyard weekend retreats for healing after abortion are offered throughout the year in 49 States and 70 countries (with many new sites in development).

The program is an opportunity to examine your abortion experience, identify the ways that the loss has impacted you in the past and present, and helps to acknowledge any unresolved feelings that many individuals struggle with after abortion.

Because of the emotional numbness and secrecy that often surrounds an abortion experience, conflicting emotions both during and after the event may remain unresolved. These buried feelings can surface later and may be symptoms of post abortion trauma.

It is often said that abortion is a woman's issue. However, both men and women are impacted by abortion and greatly benefit from the retreats. Married couples, mothers, fathers, siblings, and grandparents of aborted children have come to Rachel's Vineyard in search of peace and inner healing. To learn more about Rachel's Vineyard Ministries, visit: www.rachelsvineyard.org.

Rachel's Vineyard Hawaii is a ministry of The Roman Catholic Church in the State of Hawaii and Priests For Life.



RACHEL'S VINEYARD MINISTRIES HAWAII

c/o The Respect Life Office of the
Roman Catholic Church in Hawaii
6301 Pali Highway
Kaneohe, HI 96744

If you or a friend are hurting from an abortion,
call us today.

Contact Lisa Shorba, Hawai'i Site Leader
(808) 490-4702 or (808) 469-5470
e-mail: rvinhawaii@gmail.com

More info at: www.rachelsvineyard.org
Toll-Free Hotline: 1-877-HOPE-4-ME

The retreat and registration are strictly confidential. Rachel's Vineyard is a healing and training resource that welcomes collaboration with other post-abortion ministries. This Rachel's Vineyard Weekend Retreat is Catholic in context and is provided by the Roman Catholic Church in the State of Hawaii.

For information on clinical training or how to become a sponsor of Rachel's Vineyard in your area, please contact Theresa Burke, PhD at:
Tel: (610) 354-0555; Fax: (601) 354-0111; or
E-mail: rachel@rachelsvineyard.org. National Headquarters: 808 N. Henderson Rd., 2nd Floor
King of Prussia, PA 19406.

RACHEL'S VINEYARD

HAWAII



Healing the Pain of Abortion...
One Weekend at a Time.

www.RachelsVineyard.org
Contact Lisa at: (808) 490-4702

*Rachel's Vineyard is
the World's Largest Ministry
for Healing After Abortion.*