

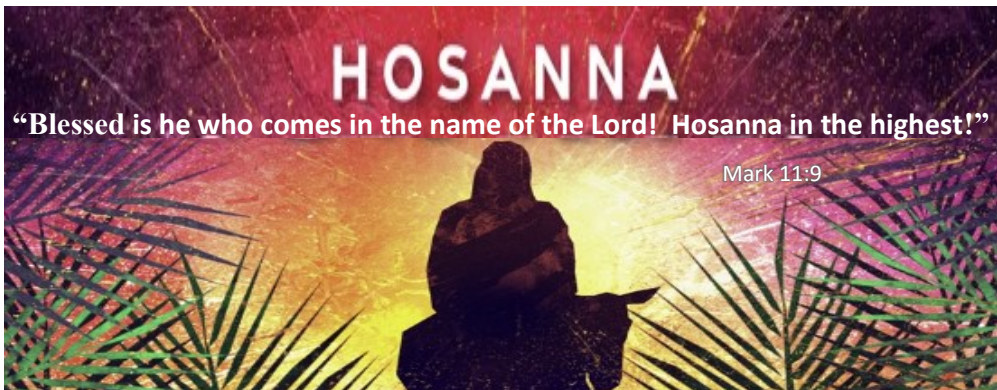
March 24, 2024 Palm Sunday of the Passion of the Lord

# Sunday Bulletin

St. John Vianney Catholic Church, Kailua

WWW.SAINTJOHNVIANNEYHAWAII.ORG | SJVKAILUAPARISH@RCCHAWAII.ORG

920 KEOLU DRIVE, KAILUA, HI 96734 | 808-262-8317 | REV. VINCENT VU, PASTOR



## ANNOUNCEMENTS

### Joan Hiel is our new Elementary Religious Education Coordinator



We are pleased to announce that we have hired a new Elementary Religious Education Coordinator. Joan Hiel will oversee programs for families of students in Grades Pre-K to 5, including Children’s Liturgy of the Word, Catechesis of the Good Shepherd, Girls and Boys Bible Study, the Kids Bulletin, Blessing Bags, and Confirmation and First Eucharist preparation for 2nd to 5th graders. Joan has been a catechist at St. John Vianney for 26 years, introducing Catechesis of the Good Shepherd program to our parish, a hands-on learning program for elementary grades. She joins our religious education department with Jade Lau, the Youth Religious Education Coordinator, and Steffanie Beissel, the Senior Religious Education Coordinator.

### Last Day to Sign-Up Children for Our Annual Easter Egg Hunt

St. John Vianney’s Easter Egg Hunt is right around the corner and pre-registration is required for participation. Please sign up online by scanning this QR code with your phone. This event is for children 10 years old and younger.



### Holy Week Schedule

In this holiest week of the year, we invite you join in the Triduum liturgies celebrating the Paschal Mystery, the passion and death of our Lord, Jesus Christ, and his victorious resurrection, his triumph over sin and death and his glorification by his Father.

- Holy Tuesday, March 26, 7 p.m. Chrism Mass at Co-Cathedral of St. Theresa
- Holy Thursday, March 28, 7 p.m. Evening Mass of the Lord’s Supper
- Good Friday of the Lord’s Passion, March 29, 3 p.m. and 7 p.m.
- Holy Saturday in the Holy Night of Easter, March 30, 7 p.m. Easter Vigil Mass
- Easter Sunday of the Resurrection of the Lord, March 31, Masses at 7, 9 and 11 a.m.

(Note: There are no 8 a.m. Masses during the Triduum, Thursday, March 28—Saturday, March 30, and no Reconciliation on Holy Saturday.)

### CRS Rice Bowls—Modern Day Simon of Cyrene

Palm Sunday marks the beginning of Holy Week. As we walk with Jesus this week, we remember the countless women, children and men who carry heavy crosses even today: crosses of hunger, of vulnerability to climate change, or of a lack of resources. How—like Simon Cyrene—can you help to carry the crosses of our sisters and brothers in your local community and around the world? Rice Bowls will be collected on Holy Thursday. In lieu of coins, please make a check payable to St. John Vianney Parish or you can give online to [www.osvhub.com/sjvhawaii](http://www.osvhub.com/sjvhawaii).



### Divine Mercy Sunday—April 7, 2024

On Good Friday of the Lord’s Passion, copies of the Divine Mercy Novena & Chaplet will be available at the back of the church. All are invited to pray the Divine Mercy Novena for nine days starting on Good Friday culminating on the Sunday after Easter, celebrated as Divine Mercy Sunday. Plan to join us as we pray the Divine Mercy Chaplet after all Masses that weekend.

## Prayers for Healing

Ruth Alves  
 Anna Asinsin  
 Edward Balderston  
 Jim Balderston  
 Terry Barnaby  
 Clark Bernales  
 Robert Bernales  
 Donovan Caldeira  
 Sheryl Caldeira  
 Rod Castanha  
 Carolyn Chong  
 Glenn Chong  
 Mollie Chun  
 Phillip Cordaro  
 Kathy Dean  
 John Dixon  
 Pat Drury  
 Marie Durante  
 Hamilton Durante  
 Sharon Elwell  
 Tom Glorioso  
 Jayla Gomes  
 Dan Gorecki  
 Milli Gorecki  
 Tim Hudson  
 Kailey Jong-Perez  
 Bruce Kumashiro  
 Charlien Kumashiro  
 Tony Lambio  
 Hayden Lau  
 Myngoc Le  
 Margaret S. Lee  
 Brian Lewis

Kasey Lopes  
 Mike Lauriano  
 Sylvia Manlutac  
 Ruford Marcum  
 Mary Mattos  
 Sandy McAulton  
 Gloria Medeiros  
 Jack Miller  
 Beverly Mink  
 Bobby Mink  
 Linda Morgan  
 Audrey Motonaga  
 Hope Montalvo  
 Jennifer Ann Ng  
 Sharon Nisbet-Jones  
 Mary Odum  
 Cayetana Paras  
 James Reis  
 Jean Rich  
 Bill Roman  
 Antonio Salcedo  
 Par Salehi  
 Alice Secor  
 Jessica Shimoda  
 Deni Smith  
 Bernardo Soriano  
 John Sutton  
 Erin Tagupa  
 Loriann Tavares  
 Christine Taylor  
 Gabrielle Taylor  
 Terri Taylor  
 Terry Walczak

## Rest of Soul

- +John Glorioso, Jr.
- +Sylvia Ann Pao Kruse, Funeral Mass on Saturday, April 6 at 11 a.m.
- +Christa Obara, Funeral Mass pending

## Next Sunday’s Readings

1st Reading: Acts of the Apostles 10:34a, 37-43  
 2nd Reading: Colossians 3:1-4  
 Gospel: John 20:1-9

## Upcoming Events

- Mon, Mar 25 Parish Office Closed
- Tue, Mar 26, Parish Office Open  
7 p.m. Chrism Mass at Co-Cathedral
- Thu, Mar 28, 7 p.m. Holy Thursday Evening Mass of the Lord’s Supper
- Fri, Mar 29, Parish Office Closed  
3 p.m. & 7 p.m. Good Friday Passion of the Lord and Veneration of the Cross
- Sat, Mar 30, 7 p.m. Holy Saturday Mass of the Easter Vigil in the Holy Night of Easter
- Sun, Mar 31, Easter Masses on regular Sunday schedule of 7, 9 and 11 a.m.  
10 a.m. Easter Egg Hunt

\*The Great 90 Days of Lent & Easter 2024 Calendar is now available online.

Use the QR code at the entrance to the church to read the full edition of the Sunday Bulletin online or in myParish app for more announcements.

Download the music leaflet to sing along during Mass from your smart device.



# SCHOOL NEWS

St. John Vianney School is well known for its strong academic tradition, as well as a safe and caring environment for learning. The purpose of our Catholic education is not only the transferal of knowledge, but also the formation of the whole person in terms of body, mind and spirit. Children are taught about growing in faith, love and ministry. There is also a high level of parental involvement that reinforces academic success, spiritual development, and the sense of family.

Our curriculum encourages critical thinking, practical application, and creative problem-solving. Our dedicated teachers promote a culture of collaboration, respect, and mutual support where students can thrive academically and personally. They also teach their students core values such as love, generosity, responsibility, self-discipline, and to care for their community.

We are accepting applications, which may be downloaded at [sjvkailua.org](http://sjvkailua.org), for new students for next year. Several tuition assistance programs are available. For more information, please contact the school office at 808-261-4651.



## MAHALO WINDWARD VICARIATE PRIESTS

Communal reconciliation services are a way to experience God's mercy and forgiveness alongside a larger community of faith. With gratitude to (pictured left to right) Fr. Paul John Camiring of St. Roch; Fr. Arnold Ortiz, retired diocesan priest; Fr. Edward Gorman of the Kaneohe Marine Corps Base Chapel Catholic Community; Fr. Vincent Vu of St. John Vianney; Fr. Clement Beeri of St. Anthony of Padua; Fr. Stephen Banjare, ss.cc., of St. Ann; Fr. Leonard Tubana of Our Lady of Mount Carmel; Vicar Forane Fr. William Kunisch of St. Anthony of Padua; and Fr. Raymund Ellorin of St. George (not pictured). Thank you for serving with a willing heart, a joyful spirit, and continued faithfulness.

## NATIONAL EUCHARISTIC REVIVAL: YEAR OF PARISH REVIVAL, JUNE 11, 2023 – JULY 17, 2024

The Revival is now reaching the pews! This year is about fostering Eucharistic devotion at the parish level, strengthening our liturgical life through the faithful celebration of the Mass, Eucharistic adoration, missions, resources, preaching, and organic movements of the Holy Spirit. The trifold flyers are now available in the back of the church and online.

# CATHOLIC FAITH CORNER



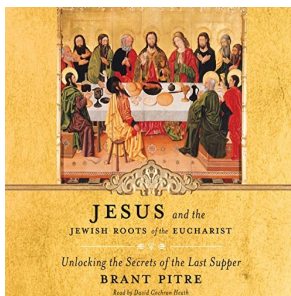
## The Sacrament of Reconciliation

As we begin the most holy week of the Christian calendar, the sacrament of reconciliation can also be viewed with the lens of this week. Before Good Friday or Easter, there is Palm Sunday. There is a moment to shout for joy to our king who comes in the name of the Lord (Luke 19:38), who raised Lazarus, and has power over death (John 12:18). There is a time to be children, to run in joyful procession with Jesus, our king who has come to establish an everlasting kingdom. According to St. Luke, it's like Christmas again, when the children of God shout to creation's king: "Peace in heaven and glory in the highest" (Luke 19:38b). They all came out to meet the king.

Jesus knew what peace in heaven would cost. He knew that on Mount Zion it would be nails and a spear that will pierce him through with imminent death coming upon him, and then the sin of the whole world and the wrath of God would be averted. Jesus had come to pay for the sin of the world in a bloody death, so they thought the joyful shouts at his triumphal entry were in bad taste. It is as if they said, "Jesus, they don't know what you're here to do. Tell them to stop singing so joyfully. This is supposed to be a death procession." But Jesus said, "Let them sing." He really did say, "I tell you, if these children were silent, even the stones would shout!" (Luke 19:40)

What does it all mean? It means that Palm Sunday is time to welcome the king who comes to save us. He knows the terms of peace. He knows the cost, which is to say, he knows how much each of us is worth. From the Cross, Jesus would look at the human race with compassion and love. His divine mercy would be unleashed on the world: "Father, forgive them, for they do not know what they are doing." (Luke 23:34) The gift of forgiveness would eventually be given to the Apostles to exercise on Easter Sunday: "Receive the Holy Spirit, if you forgive men's sins, they are forgiven them ..." (Jn 20:21-23). Never be afraid to receive the gift of mercy. His forgiveness is always there for you.

## Jesus and the Jewish Roots of the Eucharist



This book will be distributed to the first 200 families on Holy Thursday at Mass of the Lord's Supper (a \$12.99 value) as part of our parish's events in the National Eucharistic Revival, Year of Parish Revival. A revelatory exploration

of the Jewish roots of the Last Supper that seeks to understand exactly what happened at Jesus' final Passover. This book shines fresh light on the Last Supper by looking at it through Jewish eyes. Using his in-depth knowledge of the Bible and ancient Judaism, Dr. Brant Pitre answers questions such as: What was the Passover like at the time of Jesus? What were the Jewish hopes for the Messiah? What was Jesus' purpose in instituting the Eucharist during the feast of Passover? And, most important of all, what did Jesus mean when he said, "This is my body... This is my blood"?

## OFFERTORY Our gifts to God to steward the Church

Week of Mar 2—8, 2024	<u>Envelopes/Loose</u>	<u>Online Giving</u>	<u>Total</u>	<u>Goal</u>	<u>% of Goal</u>
Sunday Offertory	\$5,069.00	\$3,288.00	\$8,357.00	\$8,763.33	95.36%
Repair and Maintenance	\$2,085.00	\$603.00	\$2,688.00	\$1,500.00	179.20%
Major Repair and Maintenance	\$5.00	\$15.00	\$20.00	\$576.92	3.47%

Give Online





# Passion Sunday 2024

*Thank you for placing the leflaets into the re-cycling box.*

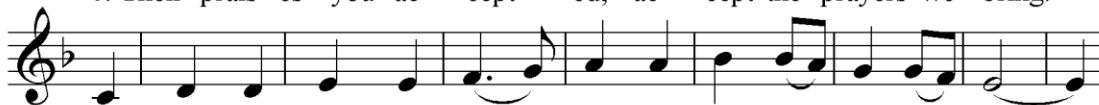
## PROCESSION

Verses

### 295. All Glory, Praise, and Honor



1. All glo-ry, praise and hon - or to you, Re - deem-er, King!
2. You are the king of Is - ra - el and Da-vid's roy - al Son,
3. The com-pa - ny of an - gels are prais-ing you on high;
4. The peo-ple of the He - brews with palms be - fore you went:
5. To you be - fore your pas - sion they sang their hymns of praise.
6. Their prais-es you ac - cept - ed; ac - cept the prayers we bring.



To whom the lips of child - ren made glad ho - san-nas ring.  
 Now in the Lord's name com - ing, our King and Bles - sed One.  
 And mor - tals joined with all things cre - a - ted make re - ply.  
 Our praise and prayers and an - thems be - fore you we pre - sent.  
 To you, now high ex - alt - ed, our mel - o - dy we raise.  
 Great source of love and good - ness, our Sav - ior and our King.

Refrain



**All glo-ry, praise and hon - or to you, Re-deem-er, King!**



**To whom the lips of child - ren made glad ho - san-nas ring.**

Text: *Gloria, laus et honor*, Theodulph of Orleans (c.760-821)

Tune: Rev. William Queenan, 1969. Arranged by Robert M. Mondoy (b.1952)

## OPENING PRAYER

*all stand*



## RESPONSORIAL PSALM

5:00 p.m., 7:00 a.m., 11:00 a.m. **Psalm 22<sup>2</sup>** “My God, My God”

Marty Haugen

My God, my God, O why have you a - ban - doned me?

1. All who see me laugh at me, they mock me and they shake their heads; "He relied on the Lord, let the Lord be his refuge."
2. As dogs around me, they circle me about. Wounded me and pierced me, I can number all my bones.
3. My clothing they divided, for my garments casting lots. O Lord, do not desert me. but hasten to my aid.
4. I will praise you to my people, and proclaim you in their midst. O fear the Lord and praise him, give glory to his name.

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9:00 a.m. only **Psalm 22<sup>1</sup>** “My God, My God, Why Have You Abandoned Me?”

Lento

Robert M. Mondoy

My God, my God, why have you a - ban - doned me?

1. All who see me scoff at me; they mock me with parted lips, they wag their heads: "He relied on the Lord, let him deliver him, let him rescue him, if he loves him."
2. Indeed many dogs surround me, a pack of evildoers closes in upon me; They have pierced my hands and my feet; I can count all my bones.
3. They divide my garments among them, and for my vesture they cast lots. But you, O Lord, be not far from me, O my help, hasten to aid me.
4. I will proclaim your name to my brethren, in the midst of the assembly I will praise you. You who fear the Lord, praise him, all you descendants of Jacob give glory to him. Revere him, all you descendants of Israel.

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Used with permission. Go listen: [mondoymusic.com](http://mondoymusic.com)

Mesa Kahiko

### Gospel Acclamation for Lent

SM 92

Praise to you, Lord Je - sus Christ, King of end - less glo - ry.

©1992 Robert M. Mondoy [www.mondoymusic.com](http://www.mondoymusic.com). All rights reserved.

## 298. Passion Meditative Response

Ho - ly God, Ho - ly and strong,  
Ho - ly im - mor - tal one, have mer - cy on us.

## PREPARATION OF THE GIFTS

# 302. Ride On, Jesus, Ride

Refrain

Musical notation for the Refrain, consisting of two staves in 2/4 time with a key signature of one sharp (F#). The melody is on the top staff and the accompaniment is on the bottom staff. The lyrics are: "Ride on, Je - sus, ride. Ride on, Je - sus, ride."

Verses

Ride on, Je - sus, con-quer-ing King, Ride on, Je - sus, ride.

1. King Jesus rides on a milk white horse., Ride on Jesus, ride. The river Jordan did he cross. Ride on Jesus, ride...
2. My Jesus lifted his throne above. Ride on Jesus, ride. See his mercy and his love. Ride on Jesus, ride...
3. The children of Jerusalem, Ride on Jesus, ride, strewed their branches on his way. Ride on Jesus, ride...
4. Blessings on the Holy One!" Ride on Jesus, ride. "Blessings on the Saving One!" Ride on Jesus, ride...
5. Ride so humble, ride so true, Ride on Jesus, ride. Ride to bring the world to you, Ride on Jesus, ride...
6. Ride to set your people free, Ride on Jesus, ride. Ride the road to Calvary, Ride on Jesus, ride...
7. Ride obedient unto death, Ride on Jesus, ride. Ride to break the chains of death, Ride on Jesus, ride...
8. Ride again in the hearts of us, Ride on Jesus, ride. Ride again in the hands of us, Ride on Jesus, ride...
9. Now beyond all time and space, Ride on Jesus, ride. Now in ev'ry land and race, Ride on Jesus, ride...

Text: African-American spiritual; vrs. 3-9, Marty Haugen (b. 1950) ©1991 GIA Publications Used with permission  
Tune: African-American. Harmonization by Robert M. Mondoy (b. 1952) ©1998 Mondoy Music. All rights reserved..

## EUCHARISTIC ACCLAMATIONS

Fullness of Faith  
Preface Dialogue

Musical notation for the Preface Dialogue, consisting of three staves in 4/4 time with a key signature of two flats (Bb). The lyrics are: "The Lord be with you. And with your spir-it. Lift up your hearts. We lift them up to the Lord. Let us give thanks to the Lord, our God. It is right and just."

Fullness of Faith  
Memorial Acclamation B

Musical notation for Memorial Acclamation B, consisting of three staves in 4/4 time with a key signature of two flats (Bb). The lyrics are: "The my-ste-ry of faith. When we eat this bread and drink this cup, we pro - claim your death, O Lord, un - til you come a - gain. Amen, a - men. A - men, a - men, men, a - men."

\*Fullness of Faith\* ©2013 Robert M. Mondoy www.mondoymusic.com. All rights reserved.

Holy

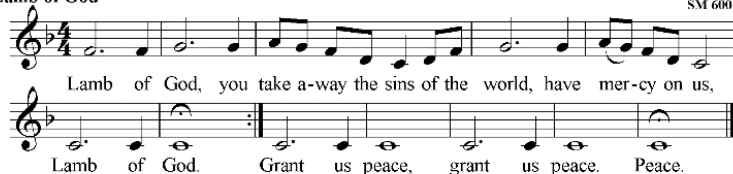
RM 224

Musical notation for the Holy section, consisting of seven staves in 4/4 time with a key signature of two flats (Bb). The lyrics are: "Ho - ly, ho - ly, ho - ly, Lord, God of hosts. Heav-en and earth are full of your glo - ry. Ho-san - na, ho - san - na, ho - san - na in the high - est. Blessed is he who comes in the name of the Lord. Ho-san - na, ho - san - na, ho - san - na in the high-est. high-est. (Chant, minor) Our Fa-ther, who art in heav-en, hal-lowed be thy name; thy king-dom come; thy will be done on earth as it is in heav-en. Give us this day our dai-ly bread, and for-give us our tres-pass-es as we for-give those who tres-pass a-against us; and lead us not in - to temp-ta-tion, but de-liv-er us from e - vil. For the king-dom, the power and the glo-ry are yours, now and for-ev - er."

Adapted after Sacramentary 1965, p.81 | Alexander Pokuqu, 1978

Lamb of God

SM 600



Music: Tom Parker ©1980 GIA Publications. All rights reserved. Used with permission.



*Please remain standing until the Communion song is completed*

**COMMUNION PROCESSION**

**On Eagle's Wings**

Hymnal 173

1. You who dwell in the shelter of the Lord, who abide in his shadow for life, say to the Lord: "My refuge, my rock in whom I trust!"

**And he will raise you up on eagle's wings, bear you on the breath of dawn,  
make you to shine like the sun, and hold you in the palm of his hand.**

2. The snare of the fowler will never capture you, and famine will bring you no fear: under his wings your refuge, his faithfulness your shield.

3. You need not fear the terror of the night, nor the arrow that flies by day; though thousands fall about you, near you it shall not come.

4. For to his angels he's given a command to guard you in all of your ways; upon their hands they will bear you up, lest you dash your foot against a stone.

Text & Tune: 81979 Michael Joncas, New Dawn Music. All rights reserved. Used with permission.  
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**LEAVETAKING**

**No song; instrumental music only**

*All depart after the Procession*

# HOLY WEEK & EASTER

## ST JOHN VIANNEY CATHOLIC CHURCH

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Holy Week is a time to reflect on the life, death, and resurrection of Jesus Christ. We remember Jesus' actions, reflect on his messages and recommit to live as his disciples in the world today. We hope this schedule helps you plan to observe these important Holy Days, both on your own and with others. May you have a blessed Holy Week and Easter!

Holy Monday, March 25, 2024

8 a.m. Mass

Holy Tuesday, March 26, 2024

8 a.m. Mass

7 p.m. Chrism Mass at Co-Cathedral of St. Theresa

Holy Wednesday, March 27, 2024

8 a.m. Mass

Holy Thursday, March 28, 2024

7 p.m. Evening Mass of the Lord's Supper with  
Adoration of the Blessed Sacrament until 9 p.m.

Good Friday, March 29, 2024

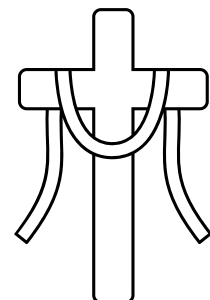
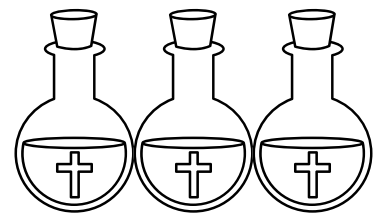
3 p.m. and 7 p.m. Good Friday of the Lord's Passion

Holy Saturday, March 30, 2024

7 p.m. Easter Vigil in the Holy Night of Easter with  
Baptism, Confirmation and First Holy Eucharist

Easter Sunday, March 31, 2024

7, 9 and 11 a.m. Mass of the Resurrection of the Lord  
10 a.m. Easter Egg Hunt for children 10 and under



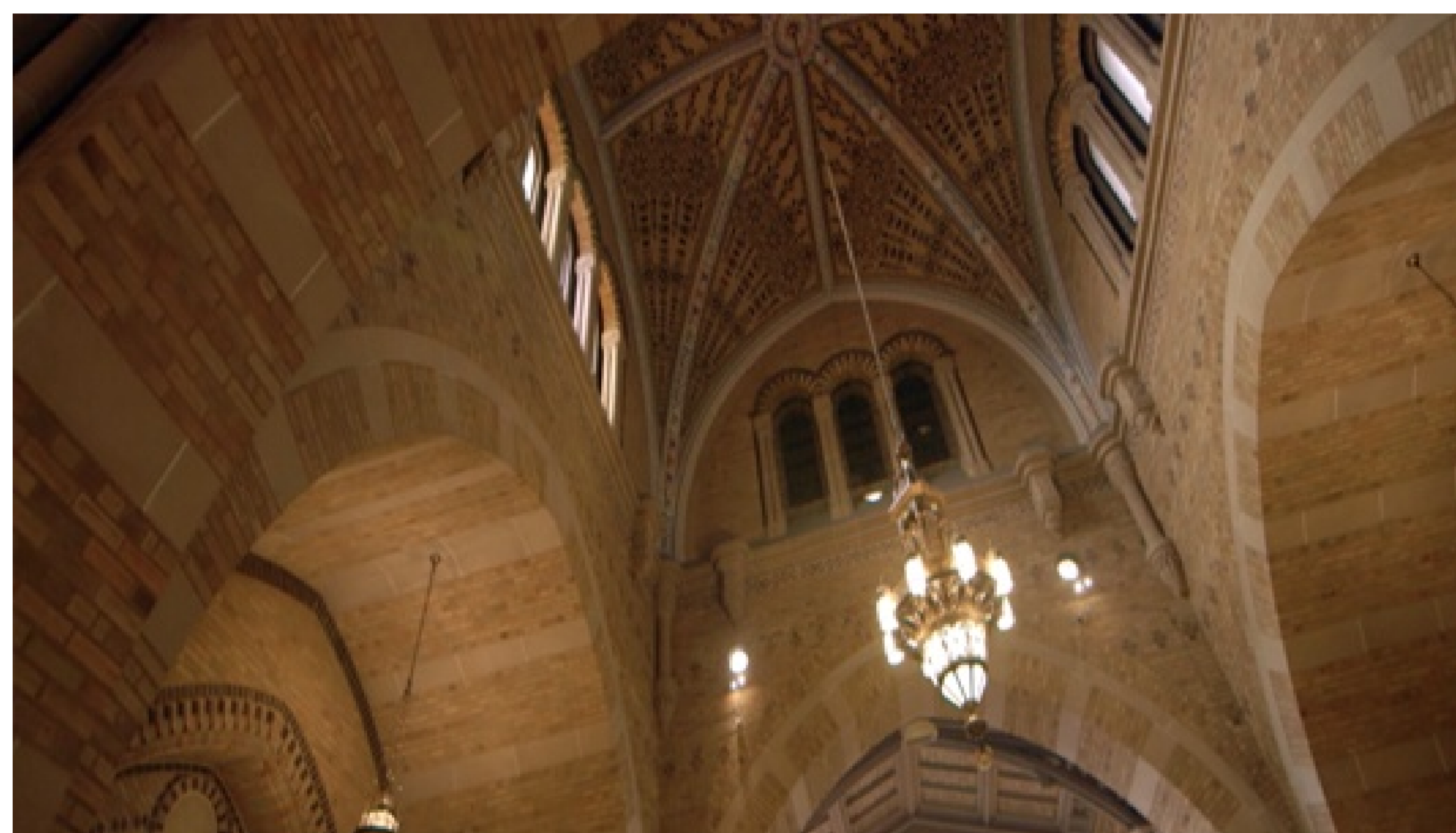
# THIS WEEK ON **FORMED**

## Week of March 24, 2024



### Triduum: A Spiritual Pilgrimage

Triduum: A Spiritual Pilgrimage, cinematically walks through the locations of the Holy Week story, representing the most important days of human history. Immersed in the real and sacred places of the Holy Land, the pilgrim faithful is brought tangibly nearer to the story, the landscape, and the reality of the Passion, Death, and Resurrection of Jesus Christ.



### Embraced in Mercy: The Rite Explained

Whether you go to Confession regularly or a decade ago, this session guides you step-by-step through the deeper meaning of every aspect of the Rite—what it is, why we do it, and how it impacts your life.



### Holy Thursday | Catholic All Year at Home w/ Kendra Tierney

Explore Holy Thursday contradictions with the Tierney family: joyful Eucharist and sacramental priesthood vs. somber start of Jesus' passion. Get family activity ideas, music suggestions, and a Holy Thursday seder-inspired feast featuring lamb, knishes, bitter herb salad, homemade applesauce, flatbread, and wine/grape juice. Don't miss a messy but special dessert.

Our parish has a FORMED subscription.  
Visit [signup.formed.org](https://signup.formed.org) and select our parish name.



**St. John Vianney Parish  
Presents  
The 2nd Year of Eucharistic Revival  
The Year of Parish Revival**



**Learn the Importance  
Of Reconciliation**

Penance or Reconciliation  
is one of the Sacraments of Healing,  
since by the priest's sacramental absolution  
God grants the penitent "pardon and peace."

***"If we acknowledge our sins,  
He is faithful and just and will forgive our sins  
and cleanse us from every wrongdoing."***

**St. John Vianney**

# The Year of Parish Revival

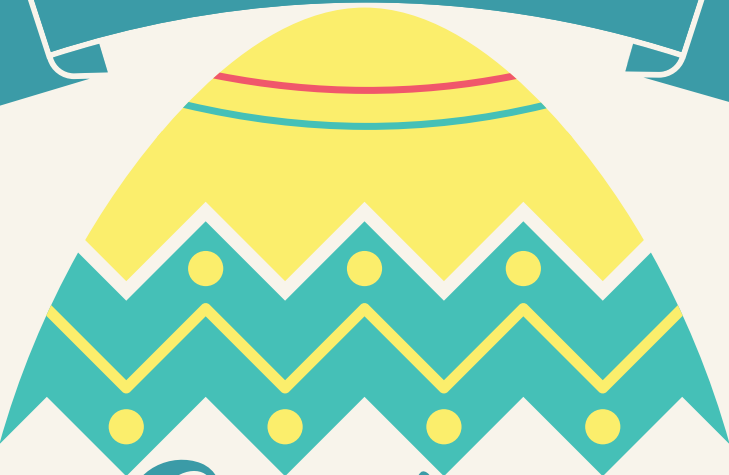
## Learn the Importance Of Reconciliation

- The institution of the Sacrament of Penance/Reconciliation by Jesus was to help us reconcile with God. *“The whole power of the Sacrament of Penance consists in restoring us to God’s grace and joining us with him in an intimate friendship.”* (CCC, no. 1468)
- Sin harms our relationship with God and damages our loving communion with the church and with others. Hence, Jesus instituted the Sacrament of Reconciliation to repair the broken relationship with God and with others. At the same time, the Sacrament of Reconciliation gives the effect of renewing the vitality of the Church itself.
- In this Sacrament, the penitent receives the merciful judgement of God and is engaged on the journey of conversion that leads to future life with God. The Church also recommends that a person go regularly to confession, even if only for venial sins. This is because *“the regular confession of our venial sins helps us form our consciences, fight against evil tendencies, let ourselves be healed by Christ and progress in the life of the Spirit.”* (CCC, no. 1458)
- The Sacrament of Reconciliation is an experience of the gift of God’s boundless mercy. Not only does it free us from our sins but it also challenges us to have the same mind of compassion and forgiveness for those who sin against us. We are liberated to be forgivers. We obtain new insight into the words of the Prayer of St. Francis: *“It is in pardoning that we are pardoned.”*
- The Sacrament of Reconciliation is a sacrament in which the priest, as the agent of God, forgive the sins committed after Baptism, when the sinners is heartedly sorry for them, sincerely confesses them, and is willing to make satisfaction for them.
- Part of the Sacrament of Reconciliation is healing. Sometimes, we will need to practice a therapy that is more carefully focused on making choices about what we can practice doing and what we can practice avoiding so as not to make mistakes that will harm our relationship with God and with others.
- What to do: Priest will give a blessing or greeting. Make the Sign of the Cross and say “Bless me father, for I have sinned. My last confession was...” (Give weeks, months, years). Confess all your sins to the priest. (If you are unsure or uneasy, the priest will guide you.). The priest assigns a penance and offers advice to help you be a better Catholic. Say an Act of Contrition, expressing your sorrow for your sins. The priest, acting in the person of Christ, then absolves you from your sins.

**Our Parish Faith Formation Committee encourages  
everyone in our parish family  
to learn more about this specific topic.**



ST. JOHN VIANNEY PARISH



*Easter*  
EGG HUNT



MARCH 31, 2024  
AFTER 9AM MASS



**PRE-REGISTRATION REQUIRED**  
**CHILDREN AGE 10 AND BELOW**  
**\*DON'T FORGET YOUR BASKET!\***





February 14 - March 24  
**40 DAYS FOR LIFE.**

The 2024 Spring Campaign runs from February 14 - March 24. 40 Days for Life is an internationally coordinated 40-day campaign that aims to end abortion locally through prayer and fasting, community outreach, and a peaceful all-day vigil in front of abortion businesses. The 40 Days for Life closing Mass will be on Saturday April 6, 2024, 8 a.m. at the Co-Cathedral of St. Theresa of the Child Jesus.

For more information, please visit [40 Days for Life Honolulu.](#)



## Lenten Season

This penitential season of six Sundays and forty weekdays prepares for the high feast of Easter. Lent begins on Ash Wednesday and ends with the beginning of the Mass of the Lord's Supper in the evening on Holy Thursday (not Holy Saturday noon, as formerly).

Historically, Lent was the retreat-like final preparation period for catechumens, those being initiated into the Church and into the Paschal Mystery at the Easter Vigil. Naturally enough, it became in time a renewal period for the already baptized faithful, the sponsoring community being inspired by the conversion of the catechumens. It was also a time of penance for those enrolled in the order of penitents, an early form of the Sacrament of Penance, limited serious sinners. The whole Church came to adapt Lent as a penitential season whereby the faithful initiated both catechumens and serious sinners in doing penance.

The word *Lent* is from the Anglo-Saxon *lencten* (spring). *Lenctentid* (springtide) was the Saxon name for March because March is the month in which days begin to lengthen (also a root of "lent"). The Great Fast, falling as it does largely in the month of March, adopted and adapted the term.

### The Triduum

The ancient Great Three Days, to which all leads and from which all flows, celebrate the heart of Christian faith: Jesus' redemptive death and Resurrection. Related to the Church year as Sunday is related to each week, the Triduum begins with the evening Mass of the Lord's Supper, continues through Good Friday and Holy Saturday, culminates in the Easter Vigil, and concludes with Evening Prayer of Easter Sunday.

With the renewal of the Triduum:

- Lent is observed until the Mass of the Lord's Supper.
- The Great Three Days are celebrated.
- The Great Feast (Easter) is sustained for fifty days.

(Easter Sunday is both the final hours of the Triduum and the first hours of the Great Fifty Days)

The first day of the Triduum, the Christian Passover, is from Holy Thursday sunset until Good Friday sunset; it is the day of Jesus' death, and has been likened to the sixth day of creation, when God formed us from clay and breath. It includes the liturgies of "the Evening Mass of the Lord's Supper" and "the Celebration of the Lord's Passion."

The second day of the Triduum, from Good Friday sunset until Holy Saturday sunset, is the Paschal Sabbath, the day of rest. In burial, the Lord rested, and we rest in him (even in the liturgy).

The third day of the Triduum, beginning Holy Saturday at sunset, is the great surprise, the Easter surprise. This third day begins with the holiest night of the year, the vigil of Easter, leading into the days of days, the queen of feasts. Its liturgy is the queen of the royal liturgical family.

According to the Roman Missal:

- Holy Thursday's service is "The Evening Mass of the Lord's Supper."
- Good Friday's service is "The Celebration of the Lord's Passion."
- Easter Sunday's services are the Easter Vigil, Easter Sunday's services during the night and Easter Sunday.

### The Easter Season

The Easter Season refers to the Great Fifty Days from Easter Sunday to Pentecost Sunday, a celebration of our participation in Christ's Resurrection which brings us from the death of sin to a life of grace. Its last ten days (prior to Pentecost) focus on the promise of the presence and power of the Holy Spirit. The fiftieth day (*pente-*) is seven (the perfect number) squared plus one (the first day of the New Life). The word *Easter* probably has roots in the Norse term *Eostur*, the season of the rising sun, or the time of the new birth of spring. Both these meanings lent themselves well to Christian symbolism for the new life of the Risen Christ, the eternal light.

## 2024 Lenten Regulations Diocese of Honolulu



### FASTING

- ❖ In the dioceses in the United States, Catholics aged 18 through 59 are bound to fast on both Ash Wednesday (**February 14**) and Good Friday (**March 29**).
- ❖ To *fast* means to consume one full meal a day at most, although taking of other, smaller quantities of food at the other customary mealtimes is permitted. Food and drink between meals (excepting water and medicine) is not permitted on fast days.

### ABSTINENCE FROM MEAT

- ❖ Catholics aged 14 and up are to abstain from meat on Ash Wednesday, all Fridays of Lent, and Good Friday.
- ❖ To abstain means refraining from eating beef, veal, pork, or poultry at least, although eggs and milk products are acceptable. The consumption of fish and shellfish is permitted, though the penitential character of the abstinence should be kept in mind.

### EASTER DUTY

- ❖ All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year. This precept is to be fulfilled during the Easter Season unless it is fulfilled, for a just cause, at some other time during the year. This period is extended to include all the weeks of Lent and the Easter Season up to Trinity Sunday (**May 26**).

### LENTEN PRACTICES

- ❖ The faithful are encouraged during Lent to attend daily Mass, receive Holy Communion, participate in penance services, and receive sacramental absolution; to take part in public and private exercises of piety, give generously to works of religion and charity, perform acts of kindness toward the sick, aged, and the poor; to practice voluntary self-denial, especially regarding food, drink, and worldly amusements; and to pray more fervently, particularly for the intentions of the Holy Father.
- ❖ Ash Wednesday, the first day of Lent, falls this year on **February 14**. Ashes are to be blessed as a sign of our entry into a season of conversion, repentance, and reconciliation. Ashes are to be blessed by a bishop, priest, or deacon. Others may be associated with the clergy in the distribution of ashes.
- ❖ Funeral Masses may not be celebrated on Holy Thursday, Good Friday, or Holy Saturday, nor on the Sundays of Lent. When pastoral reasons require that a funeral be celebrated on these days, only a Funeral Outside of Mass may be held.
- ❖ To afford the faithful opportunities to participate in Lenten prayer services, pastors are encouraged to have such prayer services at least twice a week, including the Way of the Cross on Fridays, Exposition and Benediction, Evening Prayer, and evening Masses. A homily or instruction should be included.

### BLESSING OF THE OILS AND CONSECRATION OF THE CHRISM

- ❖ In order to allow participation of Catholics throughout the islands, the Sacred Oils will be blessed during the Chrism Mass. All are encouraged to join in the following celebration:

Oahu: **Tuesday, March 26 at 7 p.m., Co-Cathedral of St. Theresa, Honolulu**

### THE SACRED PASCHAL TRIDUUM

- ❖ "Since Christ accomplished his work of human redemption and of the perfect glorification of God principally through his Paschal Mystery, in which by dying he has destroyed our death, and by rising restored our life, the sacred Paschal Triduum of the Passion and Resurrection of the Lord shines forth as the high point of the entire liturgical year" (*Universal Norms on the Liturgical Year and the Calendar, #18*). Three major liturgical principles may be of help here:

- a. The Triduum may be viewed a single liturgical action that occurs over a period of three days.
- b. The Triduum is not part of Lent, but in its entirety, celebrates the Easter event.
- c. The entire focus of the Triduum is on the Triumph of the Cross and the Resurrection.

St. John Vianney Parish celebrates

# The Great Ninety Days of Lent and Easter 2024

## The Paschal Triduum



**Holy Thursday**  
March 28 at 7:00 p.m.

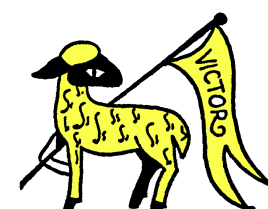
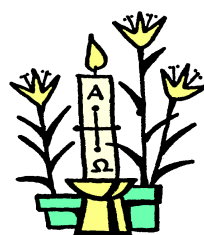
**Good Friday**  
March 29 at 3:00 p.m. & 7:00 p.m.

**Holy Saturday Easter Vigil**  
March 30 at 7:00 p.m.

**Easter Sunday**  
March 31 Masses at 7:00, 9:00, & 11 a.m.



**Passion (Palm) Sunday** March 24



**Chrism Mass**  
March 26 (Tuesday), 7:00 p.m.  
Co-Cathedral of St. Theresa



**Parish Lenten Penance Service**  
Wednesday, March 13 at 7:00 p.m.  
K of C Fish Fry Friday March 8 St. Anthony

**Anointing of the Sick**  
Saturday 8:00 a.m. Mass of March 2



**Adoration**  
Following Saturday, 8:00 a.m.  
Mass of March 2



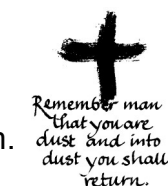
**Stations of the Cross**  
Friday Nights at 7:00 p.m.  
Feb 16, 23, Mar 1, 8, 15, 22  
**Parish Mission** 7:00 p.m.  
Feb 27, 28 "Eucharistic Adoration"



**Operation Ricebowl**  
February 14-March 28



**Ash Wednesday**  
February 14  
Scripture Service: 6:00 a.m.  
Mass: 8:00 a.m. & 7:00 p.m.



**Season of Lent**

### The Scrutinies

The Scrutinies are rites of conversion and repentance. They include prayers of intercession and exorcism and are intended to deliver the elect from sin, protect them from temptation and invite them closer to Christ.

#### First Scrutiny: 3rd Sunday of Lent

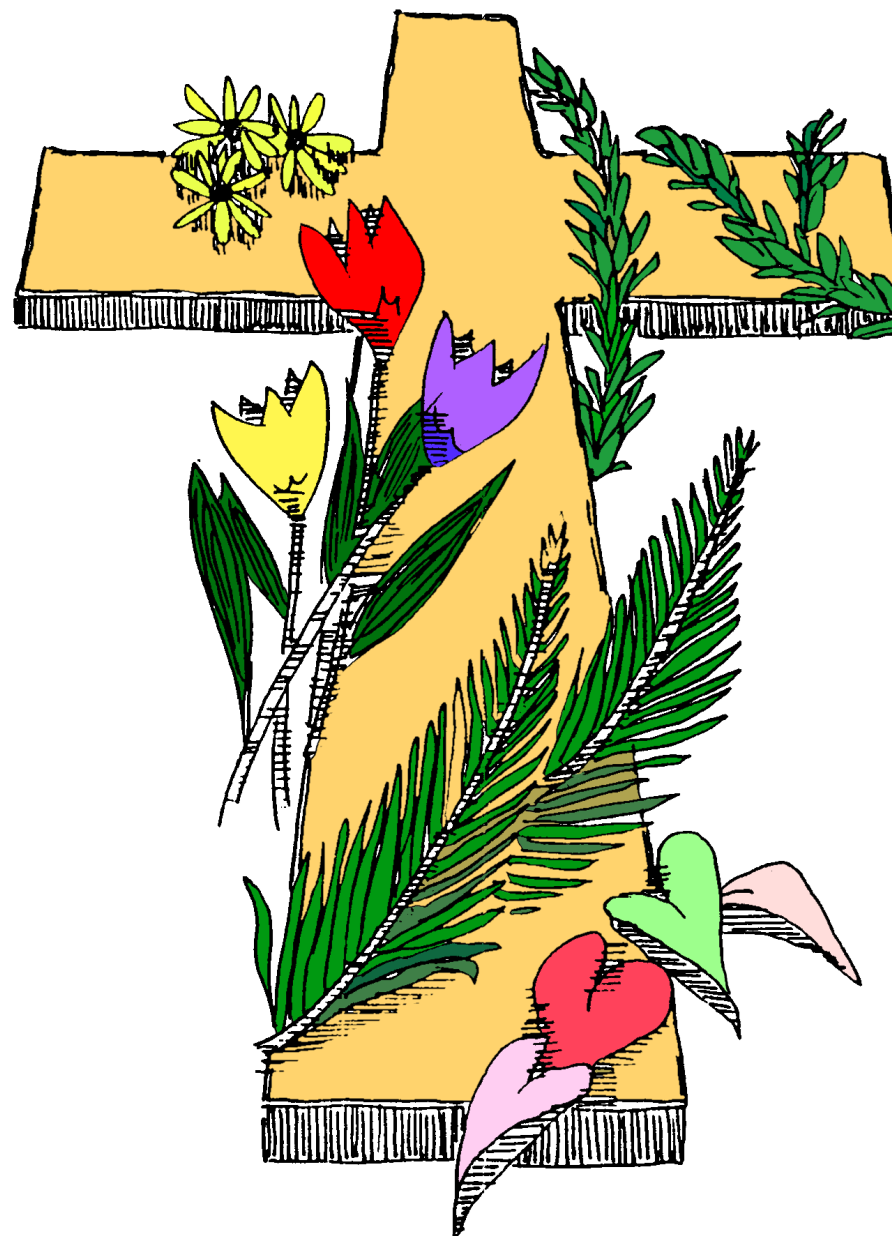
**Saturday, March 2 5:00 pm Mass**  
The prayers for the Elect at the 1st Scrutiny are for recognizing their thirst, a thirst we all share-- a thirst that only Jesus can satisfy. At the well, the Samaritan woman hears Jesus then goes and tells the villagers what she has heard, causing them to seek him out for themselves.

#### Second Scrutiny: 4th Sunday of Lent

**Sunday, March 10...7:00 am Mass**  
The prayers for the Elect at the 2nd Scrutiny are prayers for spiritual sight. The man healed of his blindness gradually grows to see as Christ sees. By the end of the story, the one who healed him was "Lord" (John 9:38) in whom he believed.

#### Third Scrutiny: 5th Sunday of Lent

**Sunday, March 17 ....11:00 am Mass**  
The prayers for the Elect at the 3rd Scrutiny are for a new life in Christ. In the story of the raising of Lazarus, we come to the final days before the elect must stand before the font and profess their faith.



### Easter Season

Second Sunday, April 7  
Third Sunday, April 14  
Fourth Sunday, April 21  
Fifth Sunday, April 28  
Sixth Sunday, May 5

**Ascension of the Lord**  
Sunday, May 12



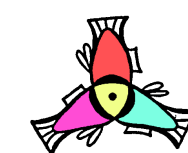
**Confirmation & First Eucharist**  
May 18, 5 p.m. Mass



**Pentecost Sunday**  
May 19



**Most Holy Trinity**  
May 26



**Body & Blood of Christ**  
June 2



# BE STILL MY SOUL



**Scrub Bucket Gospel Ministries Presents:**

## **BE STILL MY SOUL**

**Women's Contemplative Retreat**

*Silence will be our guest as this is a contemplative weekend!*

**Friday, Apr. 26, 7:00 pm to Sunday Apr. 28, 2:00 pm**

**St. Anthony Retreat Center, Kalihi Valley**

**Available to 20 lovely ladies**

**\$300 includes private A/C room and bath,  
Saturday meals and Sunday Brunch**

**Liturgy will be celebrated**

**Checks payable to: Scrub Bucket Gospel Ministry**

**Mail to Maxine Pollock at 320-3 Molo St., Kailua, HI 96734**

**Free will offering will be taken**

**Questions or inquiries contact:**

**Pat Tom 729-2991 or Maxine Pollock 254-1091**

LET THE SPIRIT GUIDE YOU  
DISCERN THE VOCATION OF  
**DEACON**



DIOCESE OF HONOLULU | OFFICE OF PERMANENT

**DEACON FORMATION**

**ABOUT US**

The Permanent Deacon Formation Program is a five-year intensive program that prepares men spiritually, intellectually, and pastorally for Ordination. Men (and if married, their wives) will be formed and sent to teach, to guard and to bear witness to, and to serve the Church through their witness to Jesus, and their diaconal ministries of Word, Service and Charity.

**INQUIRY WEEKENDS**

These weekend retreats offer a spiritually enriching encounter, filled with valuable information, providing men and their wives a profound experience to deeply explore the diaconate vocation. **Whether you've felt a diaconal calling or have just a faint inkling of one, you should attend.** To be considered for the next cohort, applicants must attend one of these mandatory weekends, with their spouses if married.

- April 12 - 14
- May 3 - 5
- June 14 - 16

**CONTACT US**

We invite you to reserve a space online at our website:

[catholicahawaii.org/formation](http://catholicahawaii.org/formation)

For questions and concerns:  
[deaconformation2@rcchawaii.org](mailto:deaconformation2@rcchawaii.org)

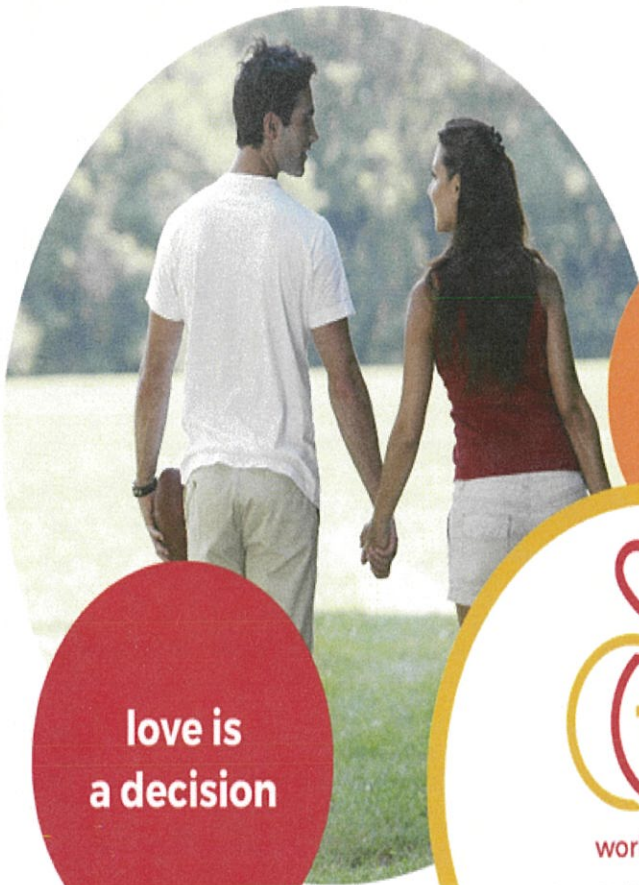
Or call us at:  
(808) 203-6777



All accommodations, plus airfare for neighbor islanders will be covered by the program.

[WWW.CATHOLICAHAWAII.ORG/FORMATION](http://WWW.CATHOLICAHAWAII.ORG/FORMATION)





thriving  
together

love is  
a decision



worldwide  
marriage  
encounter



online  
application!



[hawaiiwwme.org](http://hawaiiwwme.org)

Uncover the secrets to a lasting, supportive marriage. This weekend retreat is a skill building experience, where together, you as husband and wife, learn how to be the best couple you can be. No group discussion. Based on Catholic values but open to couples of all faiths.

## 2024 weekend dates on Oahu:

**In English: Live your best life in love**

April 12-14, 2024

St. Anthony Retreat Center - Kalihi Valley

**En Español: Vive la vida enamorado**

May 3-5, 2024

St. Anthony Retreat Center - Kalihi Valley

**Please contact Dave and Sue Shanahan**



808-218-0844



[shanahanwwme@gmail.com](mailto:shanahanwwme@gmail.com)

WWME is faithful to the Roman Catholic Church's teaching that marriage is a covenant that exists between one man and one woman. Any reference to marriage or couple made by WWME is in this context.