

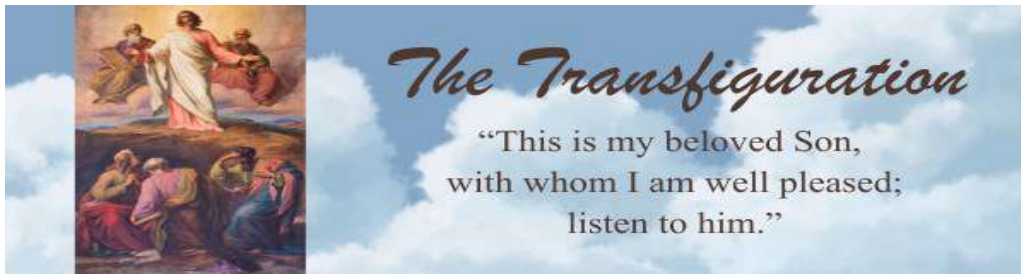
MARCH 1, 2026 — SECOND SUNDAY OF LENT

Sunday Bulletin

St. John Vianney Catholic Church, Kailua

WWW.SAINTJOHNVIANNEYHAWAII.ORG | SJVKAILUAPARISH@RCCHAWAII.ORG

920 KEOLU DRIVE, KAILUA, HI 96734 | 808-262-8317 | REV. VINCENT VU, PASTOR



FAITH FIRST

How can one observe Lent like a devout Catholic? Lent isn't just about giving up chocolate or coffee, though those are fine starts. If you're serious about observing Lent like a devout Catholic, you're looking at a 40-day journey of fasting, prayer, and almsgiving that mirrors Christ's time in the desert. And yet, it is so easy to see people approach it half-heartedly. However, there are others who have had spiritual transformation of their lives. And why this difference? It is all about commitment. Here's where most people drop the ball: they stop at the rules. They forget that rules are guides but Lent is about *growth*. To celebrate Lent as a devout Catholic, consider these practices.

Prayer: Increase your prayer life through daily devotionals and attending Mass more frequently. **Fasting:** Observe traditional fasting on Ash Wednesday and Good Friday and consider additional fasting on Fridays. **Almsgiving:** Donate to charities or help those in need, reflecting Christ's love through service. **Scripture Reading:** Engage with the Bible daily, focusing on the Passion narratives and teachings of Jesus. **Confession:** Participate in the Sacrament of Reconciliation to seek forgiveness and spiritual renewal. **Acts of Kindness:** Perform small acts of kindness or sacrifice to grow in compassion and humility. **Limit Your Screen Time:** Limit your time to only a few hours a day for your entire family or better yet unplug it all together. You may be pleasantly surprised to find yourself more at peace.

This could be a gamechanger. Try it!

DEAR PARISH

On the second Sunday of Lent each year, we hear the story of Jesus' Transfiguration. On top of the mountain, Jesus was suddenly transformed: *"His face shone like the sun, and his clothes became dazzlingly white."* Moses and Elijah are seen talking with Jesus. Their presence is very significant. They represent the two great traditions of the Old Testament: Moses personified the Law of God's people and Elijah the traditions of the great prophets. Their presence and their talking with Jesus indicate their total endorsement of all that Jesus is doing and also the difficult experience he will undergo in the days to come. This was a wonderful experience: *"It is good for us to be here,"* said Peter.

However, when the splendor of the transfiguration was over, they came down from the mountain reminding us that Jesus does not take delight to remain on mountain tops. He came down from heaven to be with the people in their pains and sorrows, in their fears and anxieties, in their sinfulness. He is Emmanuel, God with us. Jesus' place is to be with his people, right where they are. And his followers must do the same. Yes, it is nice to spend quiet days at a lovely retreat house deep in the countryside, a really good Mass with good homily, lovely choir, candles and incense. But most of the time our real Christian life is to be spent sharing in the joys and sorrows of our brothers and sisters. We are to be the salt of the earth, the candle on the lamp stand, helping people to know, understand and experience the love of their God for them.

Questions for Group Discussion: When have I experienced a "mountaintop moment" with God, a time of peace or deep faith? How can I carry that light into challenging moments of my life? **Challenge for the week:** Pause for 10 minutes daily in silence; no phone, no distractions, simply to listen for God's voice in your heart. And reflect on one area of your life where you feel called to grow.

MASS INTENTIONS

Monday, March 2, 2026, 8 a.m. Mass

(+) Bertha Parkin

Wednesday, March 4, 2026, 8 a.m. Mass

(+) Maria Salinas

Thursday, March 5, 2026, 8 a.m. Mass

(+) Ruth Alves

Friday, March 6, 2026, 8 a.m. Mass

(+) Antonio Guieb

Saturday, March 7, 2026, 8 a.m. Mass

(+) John Glorioso, Jr.

*There will be no Mass Intentions during Communion Service on Tuesdays at 8 a.m. Please note: Mass Intentions during the week are limited to ONE per Mass. A donation of \$10 per Mass Intention is appreciated and you may receive a Mass card for the intention. If you have a last minute prayer request for the Repose of Soul, it will be added to the weekend Masses which are designated for multiple intentions. (+) Deceased, (H) Healing, (B) Birthday, (A) Anniversary, (T) Thanksgiving, (S) Special Intention

FUNERAL SERVICES

+George Ponciano, Funeral Mass on Sat, Mar 21 at 11 a.m.


NEXT SUNDAY READINGS

1st Reading: Exodus 17:3-7

2nd Reading: Romans 5:1-2, 5-8

Gospel: John 4:5-42

UPCOMING EVENTS

- Sat and Sun, Feb 28 and Mar 1, Hospitality Weekend with refreshments on the Fellowship Lanai after all Masses
- Mon, Mar 2, 7 p.m. OCIA
- Thu, Mar 5, 9 a.m. Sodality Rosary Making
- Fri, Mar 6, 7 p.m. Stations of the Cross in church every Friday during Lent
- Friday, Mar 6, Knights of Columbus Fish Fry at St. Anthony of Padua Church. Purchase fish fry tickets online with this QR Code. 
- Sat, Mar 7 RE First Eucharist Retreat
- Mons, Mar 9, 16 and 23 at 7 p.m. Baptism classes for parents and godparents of children six years old and under. Register at the parish office.



The best Catholic content can be found in one place. Go to [Formed.org/signup](https://www.formed.org/signup) for a parish provided subscription.



Read the full bulletin with the music leaflet and additional announcements in myParish App and on the parish website.

SCHOOL NEWS

St. John Vianney School community is once again participating in Catholic Relief Services (CRS) Rice Bowl, a program that invites us to reflect on the challenges of global hunger—and our Gospel call to care for our global human family. Our participation gives us an opportunity to help millions of women, men, and children around the world who face economic challenges. By joining our prayers, fasts and alms with those of other Catholic schools and parishes in the United States we share with those who need our support. Through CRS Rice Bowl we will help provide enough nutritious food for families to thrive.

A Catholic education is a one-of-a-kind learning experience because it focuses on more than just academics. We provide children with the invaluable opportunity to expand their knowledge, explore their passions, create community, strengthen their sense of self and come to know God all in one place. To enroll your child or grandchild, please see sjvkailua.org or call 808-261-4651.



HAWAII Catholic Ministries Annual Appeal



The Catholic Ministries Annual Appeal is a united effort that supports the vital ministries of our Church across the islands. It is an opportunity for all Catholics to come together in faith and generosity, Sharing God's Gifts to carry out Christ's mission in our communities today. Make your gift by scanning the QR code, visiting Appeal.CatholicHawaii.org, or completing a pledge form available on the counter in church. Thank you for your prayerful support and generosity!



Registration Open for Adult Bible Study in Spring

The Catholic Church is beautiful and extraordinary. Founded by Christ himself, the Catholic Church is where we encounter God in his Word, his sacraments, and his saints. The Church faithfully proclaims the fullness of faith, leaving no truth out. It proclaims the fullness of life, leaving no person out. It calls all to repent and to believe in God the Father, Son, and Holy Spirit, the source of all life and salvation. Maybe you've been Catholic your entire life. Maybe you're just beginning to explore the Catholic Faith. Join us for *What We Believe: The Beauty of the Catholic Faith* beginning from May 4th to June 7th and continuing every Monday at 10 a.m. and Tuesday at 7 p.m. for ten weeks. For more information or to register for the study, contact the parish office. Cost is \$35 for materials. Register by March 26, 2026.

EMPOWERING GROWTH IN GHANA



By supporting CRS Rice Bowl, you help parents and caregivers in Ghana to receive training in health, nutrition and early childhood development. That means, young children in these communities are better able to thrive and meet critical milestones in their growth. Visit crsricebowl.org/week-2 to read this week's Story of Hope.

WINDWARD VICARIATE

love & mercy

LENTEN PENITENTIAL SERVICES 2026

BEGINS AT 7PM

- MAR 4 WED SAINT GEORGE WAIMANALO
- MAR 6 FRI SAINT ROCH KAHUKU
- MAR 11 WED SAINT ANN KANEOHE
- MAR 17 TUE OUR LADY OF MOUNT CARMEL WAIKANE (BEGINS AT 6:30 PM)
- MAR 18 WED SAINT JOHN VIANNEY KAILUA
- MAR 24 TUE SAINT ANTHONY OF PADUA KAILUA

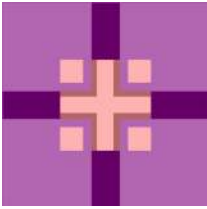
LISTEN TO HIM In the Gospel Jesus is transfigured and a voice from heaven said, "This is my beloved Son, with whom I am well pleased: Listen to him." Do we listen to Jesus when he asks us to take care of our brothers and sisters who are suffering? Your gift in the St. Vincent de Paul envelope will help the poor to celebrate the grace of God's love this Easter.

OFFERTORY—Our first fruits in thanksgiving to God for all our blessings

GIVE ONLINE

Week of Feb 7 — Feb 14, 2026	Envelopes/Loose	Online Giving	Total	Goal	% of Goal
Sunday Offertory	\$3,119	\$2,684	\$5,803	\$9,460	61%
Repair and Maintenance	\$280	\$894	\$1,174	\$2,135	55%





2nd Sunday of Lent

February 28/March 1



Thanks for placing these used leaflets in the recycling box after Mass.

ENTRANCE PROCESSION



Grant to us, O Lord, a heart re-newed; Re-cre-ate in us your own Spir-it, Lord.

"Light of the Nations"

Penitential Rite



Have mer-cy on us, O Lord For we have sinned a - gainst you.



Show us, O Lord, your mer-cy. And grant us your sal - va - tion. A-men.



Lord, have mer - cy. Christ, have mer - cy. Lord, have mer - cy
Lord, have mer - cy. Christ, have mer - cy. Lord, have mer - cy

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RESPONSORIAL PSALM

Moderato

Psalm 33²

Robert M. Mondoy



Lord, let your mer-cy be on us, as we place our trust in you.

1. Upright is the word of the Lord, and all his works are trustworthy. He loves justice and right; of the kindness of the Lord, the earth is full.
2. See, the eyes of the Lord are upon those who fear him. upon those who hope for his kindness; to deliver them from death and preserve them in spite of famine.
3. Our soul waits for the Lord, who is our help and our shield. May your kindness, O Lord, be upon us who have put our hope in you..

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Gospel Acclamation for Lent

SM 92



Praise to you, Lord Je-sus Christ, King of end-less glo - ry.

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PREPARATION OF THE GIFTS 156. IF GOD IS FOR US

**Ref: If God is for us, who can be against,
if the Spirit of God has set us free.**

1. I know that nothing in this world can ever take us from his love.
2. Nothing can take us from his love, poured out in Jesus, the Lord.
3. And nothing present or to come can ever take us from his love.
4. I know that neither death nor life can ever take us from his love.



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EUCCHARISTIC PRAYER

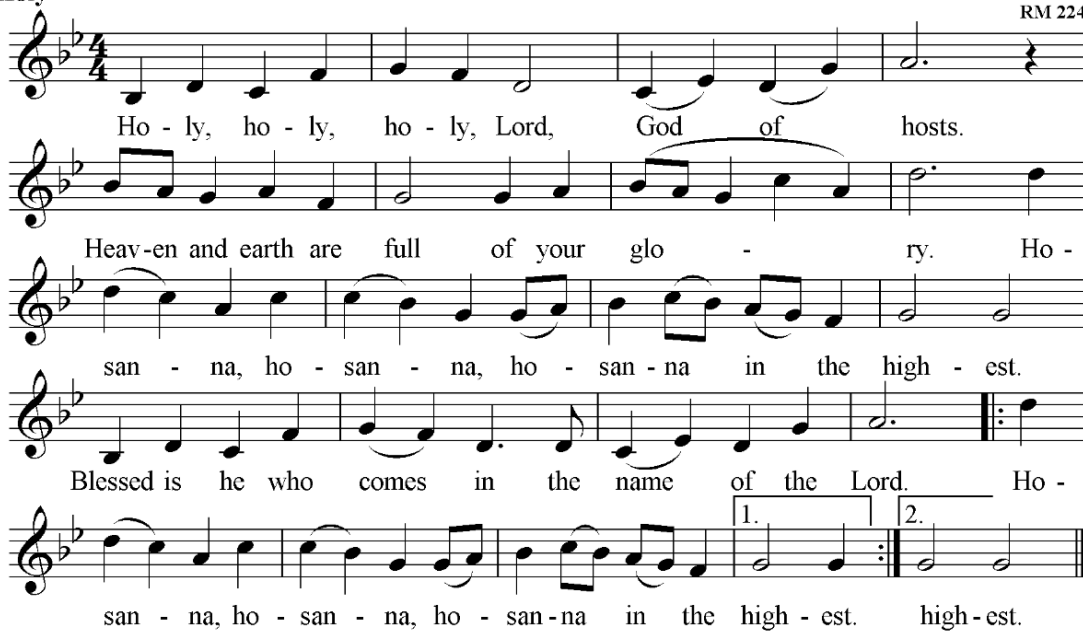
Preface Dialogue

Fullness of Faith
RM 124



Holy

RM 224



Memorial Acclamation A

RM 324a

We pro - claim your death, O Lord, and pro - fess your res - ur - rec - tion, un -
til you come a - gain, un - til you come a - gain.

Amen

RM 424

A - men, a - men. A - men, a - men, a - men, a - men.

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LORD'S PRAYER (*chanted*)

(*Chant, minor*)

Our Fa-ther, who art in heav-en, hal-lowed be thy name; thy king-dom come;
thy will be done on earth as it is in heav-en. Give us this day our dai-ly bread;
and for-give us our tres-pass-es as we for-give those who tres-pass a-against us;
and lead us not in - to temp-ta-tion, but de-liv-er us from e - vil.



For the king-dom, the power and the glo - ry are yours, now and for-ev - er.

Adapted after Sacramentary 1985, p561 [Alexander Poloquin, 1974]

Lamb of God

SM 600

Lamb of God, you take a-way the sins of the world, have mer-cy on us,
Lamb of God. Grant us peace, grant us peace. Peace.

Music: Tom Parker ©21980 GIA Publications. All rights reserved. Used with permission.

COMMUNION PROCESSION 443. BEYOND THE DAYS

Ref. Musical notation for the hymn 'Beyond the Days' in 4/4 time. The melody is written on a treble clef staff with a key signature of one flat (B-flat). The lyrics are: 'Be - yond the days of hope and mys - t'ry we see a light of faith re - newed, and in our long - ing we thirst for guid - ance to walk with you day by day.'

1. Forty days and nights, you guide the steps of our journey.
May your presence be felt in the whisper of your voice.
2. Not on bread alone are we to walk on this journey.
Speak the words that give life to the yearnings of our hearts.
3. In your hands, O God, we feel the touch of your guidance.
Keep us safe in your care: may your gentleness be there.
4. On our Lenten path we see the dawn of a new day.
Be our vision of hope; be the promise of our lives.



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LEAVETAKING SONG 445. CHANGE OUR HEARTS

Ref. Musical notation for the hymn 'Change Our Hearts' in 2/4 time. The melody is written on a treble clef staff with a key signature of one flat (B-flat). The lyrics are: 'Change our hearts this time, Your word says it can be. Change our minds, this time, Your life could make us free. We are the peo - ple Your call set a-part, Lord, this time change our hearts.'

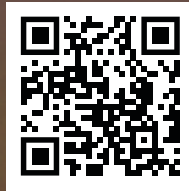
1. Brought by your hand to the edge of our dreams. One foot in paradise, one in the waste.
Drawn by your promises, still we are lured by the shadows and the chains we leave behind.
2. Now as we watch you stretch out your hands, off'ring abundances, fullness of joy.
Your milk and honey seem distant, unreal, when we have bread and water in our hands.
3. Show us the way that leads to your side, over the mountains and sands of the soul. But...
Be for us manna, water from stone, light which says we never walk alone. And...

Based on Psalm 51; Text and Music: Rory Cooney (b.1952). ©1984 North American Liturgy Resources. All rights reserved.
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CRS RICE
BOWL

WHO IS READY TO
CHANGE
LIVES THIS
LENT?



Scan the QR code
to make a donation.

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crsricebowl.org/solidarity | crsplatodearroz.org/solidaridad

WINDWARD VICARIATE

LENTEN PENITENTIAL SERVICES 2026

*love &
mercy*

**BEGINS
AT 7PM**

MAR
4
WED

**SAINT GEORGE
WAIMANALO**

MAR
6
FRI

**SAINT ROCH
KAHUKU**

MAR
11
WED

**SAINT ANN
KANEOHE**

MAR
17
TUE

**OUR LADY OF MOUNT CARMEL
WAIKANE (BEGINS AT 6:30 PM)**

MAR
18
WED

**SAINT JOHN VIANNEY
KAILUA**

MAR
24
TUE

**SAINT ANTHONY OF PADUA
KAILUA**

St. John Vianney Parish
Presents

THE YEAR OF APOLOGETICS

How to Explain and Defend our Catholic faith



The Catholic Doctrine of Purgatory

All who die in God's grace and friendship undergo purification,
so as to achieve the holiness necessary
to enter the joy of heaven.

(see back side)

*"For the souls in purgatory there is great joy as well as pain
as they know for certain they are bound for heaven!"*

(St. Catherine of Genoa)

APOLOGETICS

DEFENDING OUR CATHOLIC FAITH

“The Catholic Doctrine of Purgatory



- The response of faith is that nothing defiled can enter heaven (Rev 21:27), and therefore anyone less than perfect must first be cleansed before he can be admitted to the vision of God.
- The Catechism of the Catholic Church states: “All who die in God’s grace and friendship, but still imperfectly purified, are indeed assured of their eternal salvation; but after death they undergo purification, so as to achieve the holiness necessary to enter the joy of heaven.
- The Church gives the name “Purgatory” to this final purification of the elect, which is entirely different from the punishment of the damned. (CCC 1030-1031). Purgatory is more of a process than a place.
- Purgatory is not a place for those who are eternally condemned but it is a place for those who will eventually end up in heaven. They are on the road to purification, but they are not quite there yet.
- Purgatory is not heaven nor is it hell, it is like a pre-heaven that prepares you for final arrival.
- The Catholic Church defines Purgatory as a “purification, so as to achieve the holiness necessary to enter the joy of heaven,” which is experienced by those “who die in God’s grace and friendship, but still imperfectly purified.” (CCC)
- They need to go through a final purification process, which is unclear how long that will last, and when that process is complete at that point they will be ready for heaven.
- Jesus declared that we must be perfect as the heavenly Father is perfect. (Matt 5:48)
- There is also a teaching in Scripture from the Book of Maccabees: “It is therefore a holy and wholesome thought to pray for the dead that they may be loosed from their sins.” (2 Mac 12:43-46)
- Prayer for the Poor Soul by St. Faustina:
“O Jesus, my love reaches beyond the world to the souls suffering in Purgatory, and I want to exercise mercy toward them by means of indulgenced prayers.”

Our Parish Faith Formation Committee encourages
all parishioners to learn more
about this specific topic during the month of March



Remembering Alice Ball

The little-known chemist whose work led to the first effective treatment of leprosy

One of the missions of Ka 'Ohana O Kalaupapa over the past 22 years has been to bring the people of Kalaupapa back into the history they helped to create. As we know, many of these individuals have been left out of the story of Kalaupapa, their names forgotten and their lives overlooked.

Ka 'Ohana O Kalaupapa remains committed to changing this narrative. We remember each of the nearly 8,000 men, women and children who were taken from their families and forcibly isolated at Kalaupapa because of government policies regarding leprosy, now also called Hansen's disease.

As we have shined the light on the people of Kalaupapa, we have found other important leaders who have been left out of mainstream histories the settlement. King Kalākaua, Queen Kapi`olani and Queen Lili`uokalani all were deeply concerned about the impacts of leprosy on their people. Each of these ali`i were doing what they could to make life better for those affected by the disease. Yet we often don't hear about that.

Today we remember Alice Augusta Ball, another person almost lost to history. Alice Ball was a young African American chemist at Hawai`i College who developed a form of chaulmoogra oil in 1915-16 that led to the improvement of the health of many people who were at Kalaupapa and Kalihi Hospital.

For a time, chaulmoogra oil was thought to be the long-awaited cure for leprosy.

As the years went on, the accomplishments of Alice were mostly forgotten. It was not until the 1990s when Stan Ali, a retiree who was researching African Americans in Hawai`i, came across a brief mention of "a young Negro chemist, Alice Ball" -- and wanted to learn more about her. Around the same time, educators at the University of Hawai`i at Manoa were also looking into her life. Foremost among them was Paul Wermager, then head of the Science and Technology Department at the University of Hawai`i at Manoa Hamilton Library.

Because of the efforts of these two men, Alice Ball lives among us again. The first news article bringing attention to the long-lost story of Alice Ball was written by Susan Kriefels, then a reporter for *The Honolulu Star-Bulletin*. The article was in advance of an event at UH on February 29, 2000, where Alice would be remembered with a plaque placed at the base of a chaulmoogra oil tree outside Bachman Hall on the UH campus.

That event has become Alice Ball Day, now recognized every February 28, and part of Black History Month events. A ceremony was held at UH yesterday to celebrate Alice where the latest honor for her was unveiled: her discovery for the treatment of leprosy/Hansen's disease has been designated a National Historic Chemical Landmark by the American Chemical Society.

Alice Augusta Ball was born in Seattle. She came from a family of photographers, including her grandfather, John Presley Ball, well-known for his work of taking portraits of Frederick Douglass, the family of Ulysses S. Grant, Charles Dickens, Queen Victoria and many others.

Alice graduated from the University of Washington with degrees in chemistry and pharmacy. She enrolled in Hawai'i College in 1914 -- the precursor to the University of Hawai'i -- to work on a master's degree in chemistry. She would become the first African American female chemistry instructor at the college as well as the first African American and the first woman to earn a master's degree there.

Alice was intrigued by the 'awa root -- known for its medicinal properties -- and began experimenting on how to isolate its active ingredients. At the same time, Dr. Harry Hollmann, the US Public Health Officer of Hawai'i who had worked at Kalaupapa, was trying to make chaulmoogra oil more effective in treating leprosy.

Since the first person in Hawai'i was officially diagnosed with leprosy in 1835 (Kalaupapa was established as a settlement for those with the disease in 1866), no effective medicine for the disease had been discovered. Different treatments, pills, solutions and medicated baths had been tried over the years, but did not lead to a cure.

Although chaulmoogra oil had long been used to treat leprosy, there were very often negative side effects. Hollmann took notice of Alice's work with the 'awa root and asked her to isolate certain components of chaulmoogra oil to create an injectable solution that was more tolerable to people.

Alice came up with the breakthrough formula, allowing Hollmann and other doctors treating leprosy to begin administering injections that led to remarkable improvements in the health of many who had been sent to Kalaupapa or were at Kalihi Hospital on Oahu.

Excitement over chaulmoogra oil grew: was this finally the long-anticipated cure for leprosy and an end to the separation of families caused by the disease? A headline in *The Star-Bulletin* in 1920 read "Fighting the World's Most Dread Disease -- How the Cure for Leprosy was Discovered in Hawaii."

So many people were having such positive outcomes from chaulmoogra oil, that no one was sent to Kalaupapa between June 28, 1919, and June 8, 1923. Hope was high. People affected the disease were being treated at Kalihi Hospital with expectations of going home.

Alice, however, saw none of what resulted from her landmark work. She died December 31, 1916, at the young age of 24 -- before the remarkable results of her discovery had been fully realized and before she was able to publish a paper detailing her work.

After her death, Alice Ball's process of isolating certain ingredients in the oil was taken over by Dr. Arthur Dean, college president and professor of chemistry. The formula that Alice had developed became known as the "Dean Method" -- her name gone from her own creation.

Paul Wermager told Susan Kreifels that he found a 1922 medical journal where Hollmann wrote of "Ball's Method," giving her credit for her discovery. However, Alice's great accomplishments in her short life continued to be mostly forgotten...until recently.

While chaulmoogra oil provided relief for many people, it was not the miraculous cure for leprosy that Hawai'i had long hoped for that would lead to the end of people being sent to Kalaupapa. After initial excitement at the dramatic results, a number of people began reactivating and were readmitted to Kalihi Hospital. The hospital became severely overcrowded.

On June 8 and 9, 1923, two ships carried nearly 100 people from Kalihi to Kalaupapa -- and to an uncertain future.

Even though it was not the miracle cure, chaulmoogra oil was still considered to be helpful to enough people that doctors continued to use it in Hawai'i until the 1940s when a more effective treatment was found. In 1941, sulfone drugs were first administered at the National Leprosarium in Carville, Louisiana with encouraging results.

The drugs were introduced to Kalaupapa in 1946 -- and improvements in health were soon apparent for many people. Residents of Kalaupapa were more active, happier -- and felt real hope. Many tested negative for the disease and were allowed to leave Kalaupapa for visits or could even leave permanently.

The biggest disappointment was that the sulfone drugs could not reverse the physical disabilities that many people had suffered from the disease before the treatment was available.

Today, leprosy -- now also called Hansen's disease -- is curable and the medicine has only improved so that physical disabilities need not occur if health care is accessible and treatment is followed. Everyone at Kalaupapa has long been free to leave the settlement, but most have chosen to remain there because, after the trauma of being torn from their families and sent away, Kalaupapa became home.

New honors for Alice Ball have continued since 2000 -- both close to home and far away.

In Seattle, Alice Ball Park was unveiled as a neighborhood green space, a respite from urban stress. Appropriately enough, the park is connected to a library.

In 2019, the prestigious London School of Hygiene and Tropical Medicine chose to add the names of three women innovators in health care to the frieze of their iconic building. Florence Nightingale, Marie Sklodowska Curie and Alice Ball were chosen to join the 23 men whose names were previously engraved on the stately stone façade.

In 2022, Governor David Ige proclaimed February 28 as Alice Ball Day. In late 2024, a life-sized bronze bust of Alice was installed in the Science and Technology section of Hamilton Library, largely through the efforts of then-UH President David Lassner.

We celebrate Alice Augusta Ball for her many "firsts" and how she improved the health of so many in Hawai'i -- and brought them hope. We again thank Stan Ali and Paul Wermager for their diligence in making sure that Alice's incredible life would be brought back into history -- and forever remembered.

-- Valerie Monson
Ka 'Ohana O Kalaupapa

SJV'S LENTEN DONATION DRIVE

**Kahauiki Village
and IHS Women &
Families Shelter**



Please join us in collecting donations to support local families in need this Lenten season. Every donation makes a difference!

Items Needed:

Toys: Children's toys, and art supplies

Hygiene Products: shampoo, conditioner, soap, body wash, deodorant, feminine hygiene products, etc.

Towels and Blankets: blankets, bath towels, loofas

Clothing: clothing for children ages 0-17



Drop off donations to respective collection bins in Ms. Busekrus' 3rd Grade classroom **no later than FRIDAY, March 6, 2026**

Questions? Please email: abusekrus@sjvkailua.org

What We Believe

THE BEAUTY OF THE CATHOLIC FAITH

EXPLORE THE **AMAZING RICHES** OF THE CATHOLIC FAITH



The Catholic Church is extraordinary. Founded by Christ himself, the Catholic Church is where we encounter God in his Word, his sacraments, and his saints.

The Church faithfully proclaims the fullness of faith, leaving no truth out. It proclaims the fullness of life, leaving no person out. It calls all to repent and to believe in God the Father, Son, and Holy Spirit, the source of all life and salvation.

Maybe you've been Catholic your entire life. Maybe you're just beginning to explore the Catholic Faith. Wherever you may be in your journey, you will be profoundly moved by the beauty and the richness of the Catholic Church.

DATES | TIMES | LOCATION

10 SESSIONS at St. John Vianney Church

May 4 through July 6, 2026
Mondays from 9-10:30 a.m.

May 5 through July 7, 2026
Tuesdays from 7 - 8:30 p.m.

FOR MORE INFORMATION

REGISTER BY MARCH 26, 2026
at the Parish Office.

Cost is \$35 for materials and shipping.

Visit ascensionpress.com for more details.



www.BCCHawaii.com



I OFFER MY LIFE

Retreat

What does it mean to truly hold nothing back?

In the hustle of daily life, we often offer only pieces of ourselves—our time, our energy, our spare moments.

But what happens when we offer the whole?

Join us for a transformative weekend retreat, where we will explore the profound theme: "I Offer My Life."

This is an invitation to pause, breathe, and surrender the burdens of control.

Through quiet reflection, guided sessions, and shared community, we will explore what it means to live a life fully offered—in service, in love, and in faith.

MARCH 20-22, 2026 in Honolulu



ROMAN CATHOLIC CHURCH IN THE STATE OF HAWAII
DIOCESE OF HONOLULU
WITNESS TO JESUS

Memorandum

TO: All Clergy, Religious Orders, Catholic Schools & Parishes

FROM: Rev. Alfred Omar Guerrero, Director of the Office of Worship

DATE: January 29, 2026

RE: **Diocese of Honolulu 2026 Lenten Regulations**

FASTING

- ❖ In the dioceses in the United States, Catholics aged 18 through 59 are bound to fast on both Ash Wednesday (**February 18, 2026**) and Good Friday (**April 03, 2026**).
- ❖ To *fast* means to consume one full meal a day at most, although taking of other, smaller quantities of food at the other customary mealtimes is permitted. Food and drink between meals (excepting water and medicine) is not permitted on days of fasting.

ABSTINENCE FROM MEAT

- ❖ Catholics aged 14 and up are to abstain from meat on Ash Wednesday, all Fridays of Lent, and Good Friday.
- ❖ To abstain means refraining from eating the flesh, marrow and blood products of beef, veal, pork, or poultry at least, although eggs and milk products are acceptable. The consumption of fish and shellfish is permitted, though the penitential character of the abstinence should be kept in mind.

EASTER DUTY

- ❖ All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year. This precept is to be fulfilled during the Easter Season unless it is fulfilled, for a just cause, at some other time during the year. This period is extended to include all the weeks of Lent and the Easter Season up to Trinity Sunday (**May 31, 2026**).

LENTEN PRACTICES

- ❖ The faithful are encouraged during Lent to attend daily Mass, receive Holy Communion, participate in penance services, and receive sacramental absolution; to take part in public and private exercises of piety, give generously to works of religion and charity, perform acts of kindness toward the sick, aged, and the poor; to practice voluntary self-denial, especially regarding food, drink, and worldly amusements; and to pray more fervently, particularly for the intentions of the Holy Father.

- ❖ Ash Wednesday, the first day of Lent, falls this year on **February 18, 2026**. Ashes are to be blessed as a sign of our entry into a season of conversion, repentance, and reconciliation. Ashes are to be blessed by a bishop, priest, or deacon. Others may be associated with the clergy in the distribution of ashes.
- ❖ Funeral Masses may not be celebrated on Holy Thursday, Good Friday, or Holy Saturday, nor on the Sundays of Lent. When pastoral reasons require that a funeral be celebrated on these days, only a Funeral Outside of Mass may be held.
- ❖ To afford the faithful opportunities to participate in Lenten prayer services, pastors are encouraged to have such prayer services at least twice a week, including the Way of the Cross on Fridays, Exposition and Benediction, Evening Prayer, and evening Masses. A homily or instruction should be included.

BLESSING OF THE OILS AND CONSECRATION OF THE CHRISM

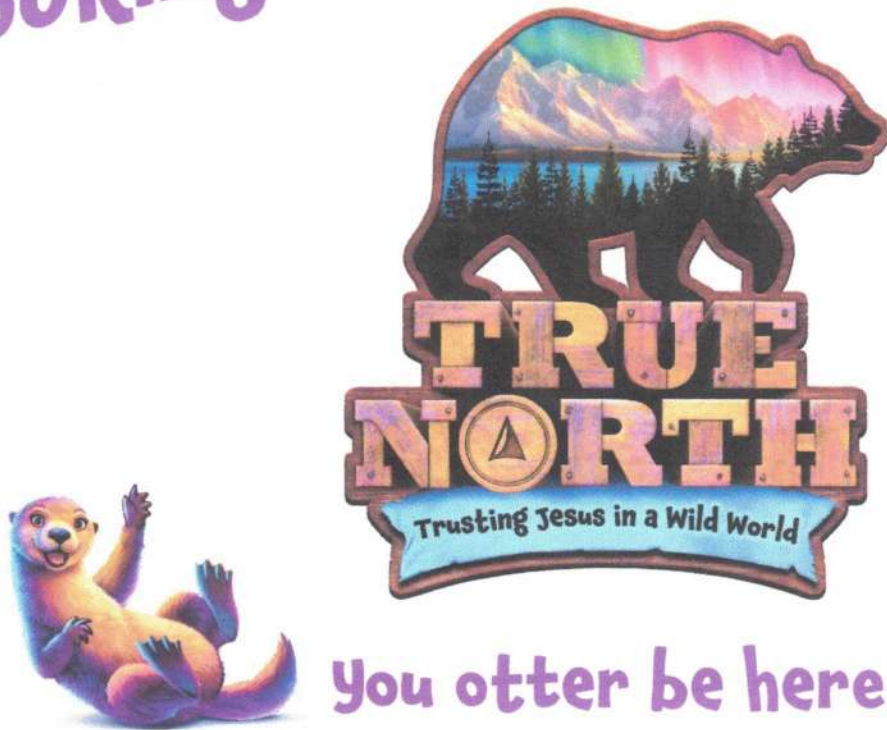
- ❖ In order to allow participation of Catholics throughout the islands, the Sacred Oils will be blessed during the Chrism Mass to be celebrated in several locations. All the faithful are encouraged to join in one of the following celebrations:
 - a. Maui-Lanai: **Tuesday, March 3rd at 7 p.m., St. Anthony Church, Wailuku.**
 - b. Big Island: **Tuesday, March 24th at 5:30 p.m., St. Joseph Church, Hilo**
 - c. Kauai: **Thursday, March 26th at 6:00 p.m., Immaculate Conception Church, Lihue.**
 - d. Oahu-Molokai: **Tuesday, March 31st at 7 p.m., Co-Cathedral of St. Theresa, Honolulu.**

THE SACRED PASCHAL TRIDUUM

- ❖ “Since Christ accomplished his work of human redemption and of the perfect glorification of God principally through his Paschal Mystery, in which by dying he has destroyed our death, and by rising restored our life, the sacred Paschal Triduum of the Passion and Resurrection of the Lord shines forth as the high point of the entire liturgical year” (*Universal Norms on the Liturgical Year and the Calendar, #18*). Three major liturgical principles may be of help here:
 - a. The Triduum may be viewed a single liturgical action that occurs over a period of three days.
 - b. The Triduum is not part of Lent, but in its entirety, celebrates the Easter event.
 - c. The entire focus of the Triduum is on the Triumph of the Cross and the Resurrection.
- ❖ The Paschal Triduum begins on Holy Thursday, **April 02, 2026**, with the Mass of the Lord’s Supper until the evening of Easter Sunday, **April 05, 2026**. Good Friday of the Lord’s Passion is on Friday, **April 03, 2026** and the Mass of the Resurrection of the Lord at the Easter Vigil is on **Saturday, April 04, 2026**.

NOTE: The above directives should be published in parish bulletins for the benefit of the faithful, adding any specific parish or vicariate events. What follows pertains only to clergy and liturgy planners and need not be published for parishioners.

Looking for mountains of fun?



You otter be here!

New friends ▶ Amazing experiments ▶ Creative games
Super-fun snacks ▶ Surprising adventures ▶ Incredible music

Location: St. John Vianney Church, Parish Hall
(church name)

Save these dates: June 15-19, 2026
(VBS dates)

Each day's fun happens from: 1pm -4pm
(daily start and end times)

For more information, call or visit: michelecsjv@gmail.com
(church phone number and web address)

Register online here: Vacation Bible School is coming soon!
(registration web address)